



Nationale - Long Distance Oosterlynck

Hoge Mouw 19.3.2023

TROL

Roel SMOLDERS

K.O.L.

Omloop : H45

Afstand : 9220m

Tijd : 1:15:02 (8'08"/km)

3/14

O.K.

[Volledige uitslagen op Webres](#)

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|--------------------|---------|
| 1. Kim JANSEN | 1:01:26 |
| 2. Vincent SILLIEN | 1:05:34 |

1.	41	00:02:49		449m	6'16"/km
2.	47	00:04:01	00:06:50	571m	7'02"/km
3.	54	00:01:48	00:08:38	196m	9'11"/km
4.	48	00:01:36	00:10:14	152m	10'32"/km
5.	54	00:01:17	00:11:31	152m	8'27"/km
6.	56	00:02:43	00:14:14	403m	6'44"/km
7.	57	00:02:17	00:16:31	294m	7'46"/km
8.	59	00:02:25	00:18:56	288m	8'23"/km
9.	63	00:03:09	00:22:05	423m	7'27"/km
10.	66	00:03:18	00:25:23	444m	7'26"/km
11.	67	00:03:14	00:28:37	361m	8'57"/km
12.	70	00:04:40	00:33:17	594m	7'51"/km
13.	76	00:02:55	00:36:12	397m	7'21"/km
14.	74	00:01:27	00:37:39	184m	7'53"/km
15.	75	00:01:51	00:39:30	230m	8'03"/km
16.	81	00:08:13	00:47:43	1039m	7'54"/km
17.	82	00:03:24	00:51:07	400m	8'30"/km
18.	64	00:03:42	00:54:49	456m	8'07"/km
19.	90	00:03:33	00:58:22	433m	8'12"/km
20.	38	00:04:05	01:02:27	433m	9'26"/km
21.	86	00:03:55	01:06:22	467m	8'23"/km
22.	85	00:01:24	01:07:46	179m	7'49"/km
23.	93	00:03:08	01:10:54	342m	9'10"/km
24.	95	00:01:17	01:12:11	128m	10'02"/km
25.	96	00:01:13	01:13:24	131m	9'17"/km
26.	999	00:01:38	01:15:02	264m	6'11"/km

Orienteering Software