



Nationale - Long Distance Oosterlynck

Hoge Mouw 19.3.2023

TROL

Lok Hin MA

Antwerp Orienteers

Omloop : HE

Afstand : 13600m

Tijd : 1:43:15 (7'36"/km)

9/12

O.K.

[Volledige uitslagen op Webres](#)

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|--------------------|---------|
| 1. Warre DE CUYPER | 1:16:31 |
| 2. Wouter HUS | 1:16:50 |
| 3. Evert LEEUWS | 1:19:05 |

1.	47	00:05:58	994m	6'00"/km
2.	49	00:01:35 00:07:33	252m	6'17"/km
3.	52	00:00:35 00:08:08	82m	7'07"/km
4.	50	00:01:43 00:09:51	287m	5'59"/km
5.	51	00:00:37 00:10:28	116m	5'19"/km
6.	53	00:02:24 00:12:52	398m	6'02"/km
7.	100	00:04:03 00:16:55	702m	5'46"/km
8.	57	00:03:46 00:20:41	393m	9'35"/km
9.	58	00:01:11 00:21:52	169m	7'00"/km
10.	64	00:03:59 00:25:51	566m	7'02"/km
11.	68	00:05:18 00:31:09	724m	7'19"/km
12.	71	00:03:23 00:34:32	340m	9'57"/km
13.	72	00:02:37 00:37:09	363m	7'13"/km
14.	73	00:02:06 00:39:15	212m	9'54"/km
15.	75	00:03:59 00:43:14	538m	7'24"/km
16.	78	00:04:11 00:47:25	474m	8'50"/km
17.	81	00:04:38 00:52:03	565m	8'12"/km
18.	67	00:03:43 00:55:46	488m	7'37"/km
19.	70	00:04:06 00:59:52	594m	6'54"/km
20.	74	00:02:45 01:02:37	419m	6'34"/km
21.	79	00:04:13 01:06:50	629m	6'42"/km
22.	62	00:07:56 01:14:46	1135m	6'59"/km
23.	88	00:02:52 01:17:38	347m	8'16"/km
24.	38	00:03:19 01:20:57	298m	11'08"/km
25.	42	00:02:17 01:23:14	294m	7'46"/km
26.	90	00:03:25 01:26:39	323m	10'35"/km
27.	84	00:06:02 01:32:41	687m	8'47"/km
28.	37	00:05:20 01:38:01	556m	9'36"/km
29.	95	00:01:55 01:39:56	198m	9'41"/km
30.	61	00:02:17 01:42:13	299m	7'38"/km
31.	999	00:01:02 01:43:15	153m	6'45"/km