



Nationale - Long Distance Oosterlynck

Hoge Mouw 19.3.2023

TROL

Simon KREKELS

TROL

Omloop : HE

Afstand : 13600m

Tijd : 1:24:13 (6'12"/km)

5/12

O.K.

[Volledige uitslagen op Webres](#)

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|--------------------|---------|
| 1. Warre DE CUYPER | 1:16:31 |
| 2. Wouter HUS | 1:16:50 |
| 3. Evert LEEUWS | 1:19:05 |

1.	47	00:05:06	994m	5'08"/km
2.	49	00:01:23 00:06:29	252m	5'29"/km
3.	52	00:00:42 00:07:11	82m	8'32"/km
4.	50	00:01:30 00:08:41	287m	5'14"/km
5.	51	00:00:31 00:09:12	116m	4'27"/km
6.	53	00:02:14 00:11:26	398m	5'37"/km
7.	100	00:03:33 00:14:59	702m	5'03"/km
8.	57	00:02:40 00:17:39	393m	6'47"/km
9.	58	00:01:10 00:18:49	169m	6'54"/km
10.	64	00:03:16 00:22:05	566m	5'46"/km
11.	68	00:04:05 00:26:10	724m	5'38"/km
12.	71	00:02:19 00:28:29	340m	6'49"/km
13.	72	00:02:18 00:30:47	363m	6'20"/km
14.	73	00:01:19 00:32:06	212m	6'13"/km
15.	75	00:04:10 00:36:16	538m	7'45"/km
16.	78	00:03:19 00:39:35	474m	7'00"/km
17.	81	00:03:54 00:43:29	565m	6'54"/km
18.	67	00:02:51 00:46:20	488m	5'50"/km
19.	70	00:03:45 00:50:05	594m	6'19"/km
20.	74	00:02:25 00:52:30	419m	5'46"/km
21.	79	00:03:37 00:56:07	629m	5'45"/km
22.	62	00:06:47 01:02:54	1135m	5'59"/km
23.	88	00:02:14 01:05:08	347m	6'26"/km
24.	38	00:02:16 01:07:24	298m	7'36"/km
25.	42	00:02:09 01:09:33	294m	7'19"/km
26.	90	00:02:30 01:12:03	323m	7'44"/km
27.	84	00:04:00 01:16:03	687m	5'49"/km
28.	37	00:03:47 01:19:50	556m	6'48"/km
29.	95	00:01:16 01:21:06	198m	6'24"/km
30.	61	00:02:03 01:23:09	299m	6'51"/km
31.	999	00:01:04 01:24:13	153m	6'58"/km