



Championnat de ligue de Longue distance Forêt de Montmorency (95) 12.3.2023 9502IF ACBeauchamp

Pascal PANNIER

7807IF GO78

Circuit : H50

Distance : 8800m (Dénivelé 200m)

Temps : 1:06:40 (7'35"/km)

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O.K.

[Résultats complets sur Webres](#)

1. Jean-Luc DENOUAL 1:05:38
3. Thierry BESTEL 1:10:12

1.	61	00:01:13		300m	4'03"/km
2.	59	00:02:55	00:04:08	456m	6'24"/km
3.	34	00:01:53	00:06:01	258m	7'18"/km
4.	37	00:03:51	00:09:52	386m	9'58"/km
5.	40	00:01:08	00:11:00	200m	5'40"/km
6.	38	00:02:19	00:13:19	380m	6'06"/km
7.	41	00:02:49	00:16:08	381m	7'24"/km
8.	71	00:10:38	00:26:46	1601m	6'39"/km
9.	82	00:01:56	00:28:42		
10.	105	00:01:25	00:30:07		
11.	83	00:06:44	00:36:51	1117m	6'02"/km
12.	63	00:00:41	00:37:32	113m	6'03"/km
13.	50	00:05:54	00:43:26	503m	11'44"/km
14.	65	00:01:39	00:45:05	281m	5'52"/km
15.	88	00:02:43	00:47:48	249m	10'55"/km
16.	52	00:05:15	00:53:03	215m	24'25"/km
17.	85	00:01:11	00:54:14	160m	7'24"/km
18.	53	00:03:37	00:57:51	472m	7'40"/km
19.	60	00:04:40	01:02:31	658m	7'06"/km
20.	64	00:01:27	01:03:58	201m	7'13"/km
21.	99	00:02:24	01:06:22	437m	5'30"/km
22.	999	00:00:18	01:06:40	83m	3'37"/km

Orienteering Software