



Championnat de ligue de Longue distance

Forêt de Montmorency (95) 12.3.2023

9502IF ACBeauchamp

Nadejda VASILOI

7707IF OPA MONTIGNY

Circuit : D45

Distance : 6800m (Dénivelé 180m)

Temps : 1:47:40 (15'50"/km)

7/8

O.K.

[Résultats complets sur Webres](#)

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|---------------------|---------|
| 1. Stephanie VARRON | 1:00:11 |
| 2. Sarah BRUNDU | 1:16:19 |
| 3. Myriam WERKOFF | 1:22:38 |

1.	57	00:04:13		467m	9'02"/km
2.	60	00:04:52	00:09:05	258m	18'52"/km
3.	64	00:02:27	00:11:32	201m	12'11"/km
4.	84	00:22:54	00:34:26	719m	31'51"/km
5.	90	00:05:56	00:40:22	524m	11'19"/km
6.	82	00:05:10	00:45:32	260m	19'52"/km
7.	63	00:13:04	00:58:36	1330m	9'49"/km
8.	80	00:01:44	01:00:20	149m	11'38"/km
9.	50	00:10:23	01:10:43	455m	22'49"/km
10.	65	00:03:07	01:13:50	281m	11'05"/km
11.	88	00:06:26	01:20:16	249m	25'50"/km
12.	54	00:14:12	01:34:28	857m	16'34"/km
13.	78	00:04:28	01:38:56	228m	19'35"/km
14.	56	00:04:12	01:43:08	396m	10'36"/km
15.	102	00:01:17	01:44:25		
16.	99	00:02:54	01:47:19	302m	9'36"/km
17.	999	00:00:21	01:47:40	83m	4'13"/km

Orienteering Software