



1º Treino COABOM 2023

Centro Esportivo de Caldazinha 12.3.2023

Clube de Orientação Amigos dos Bombeiros

Gilson de Faria

Clube de Orientação Serra dos Cristais

Percurso : H35A

Distancia : 3700m (Desnivel 125m)

Tempo : 1:24:14 (22'46"/km)

1/7

O.K.

[Resultados completos em Webres](#)

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| 2. Wanderlan Gonçalves Rodrigues | 1:25:01 |
| 3. Carlos Rafael Dufrayer | 1:29:24 |

1.	45	00:05:47		204m	28'21"/km
2.	32	00:07:53	00:13:40	385m	20'29"/km
3.	51	00:04:10	00:17:50	294m	14'10"/km
4.	50	00:03:59	00:21:49	128m	31'07"/km
5.	56	00:06:21	00:28:10	304m	20'53"/km
6.	55	00:02:39	00:30:49	218m	12'09"/km
7.	43	00:09:43	00:40:32	490m	19'50"/km
8.	36	00:03:17	00:43:49	94m	34'56"/km
9.	31	00:06:30	00:50:19	172m	37'47"/km
10.	53	00:05:15	00:55:34	118m	44'29"/km
11.	52	00:02:48	00:58:22	126m	22'13"/km
12.	47	00:09:00	01:07:22	323m	27'52"/km
13.	37	00:02:54	01:10:16	127m	22'50"/km
14.	42	00:08:38	01:18:54	291m	29'40"/km
15.	40	00:02:50	01:21:44	148m	19'09"/km
16.	58	00:02:20	01:24:04	190m	12'17"/km
17.	999	00:00:10	01:24:14	73m	2'17"/km

Orienteering Software