



1º Treino COABOM 2023

Centro Esportivo de Caldazinha 12.3.2023

Clube de Orientação Amigos dos Bombeiros

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Clube de Orientação Amigos dos
Bombeiros

Percurso : H21B

Distancia : 4000m (Desnivel 100m)

Tempo : 1:42:00 (25'30"/km)

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O.K.

[Resultados completos em Webres](#)

1. Henriques Moreira Turibio	1:09:41
2. Juliano Costa Freitas	1:15:33
3. Felipe Damaceno Oliveira	1:15:42

1.	37	00:08:04		116m	69'32"/km
2.	47	00:02:20	00:10:24	127m	18'22"/km
3.	33	00:05:55	00:16:19	275m	21'31"/km
4.	45	00:04:08	00:20:27	194m	21'18"/km
5.	55	00:05:17	00:25:44	236m	22'23"/km
6.	56	00:04:48	00:30:32	218m	22'01"/km
7.	46	00:02:43	00:33:15	189m	14'22"/km
8.	51	00:13:17	00:46:32	214m	62'04"/km
9.	41	00:02:32	00:49:04	107m	23'41"/km
10.	32	00:03:25	00:52:29	255m	13'24"/km
11.	43	00:12:40	01:05:09	473m	26'47"/km
12.	52	00:06:14	01:11:23	239m	26'05"/km
13.	39	00:04:06	01:15:29	189m	21'42"/km
14.	31	00:02:19	01:17:48	76m	30'29"/km
15.	36	00:08:07	01:25:55	172m	47'11"/km
16.	35	00:03:57	01:29:52	123m	32'07"/km
17.	42	00:05:09	01:35:01	373m	13'48"/km
18.	40	00:03:54	01:38:55	148m	26'21"/km
19.	58	00:02:52	01:41:47	190m	15'05"/km
20.	999	00:00:13	01:42:00	73m	2'58"/km

Orienteering Software