



1º Treino COABOM 2023

Centro Esportivo de Caldazinha 12.3.2023

Clube de Orientação Amigos dos Bombeiros

Simeão Fernandes de Souza Neto

Clube de Orientação Tiradentes

Percurso : H21E

Distancia : 6300m (Desnivel 125m)

Tempo : 1:09:15 (11'00"/km)

1/3

O.K.

[Resultados completos em Webres](#)

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|---------------------------------------|---------|
| 2. Antônio José Paula da Silva | 1:27:28 |
| 3. Carlos Alberto Martins Gold Júnior | 2:34:31 |

1.	46	00:04:49		392m	12'17"/km
2.	52	00:07:35	00:12:24	281m	26'59"/km
3.	53	00:01:21	00:13:45	126m	10'43"/km
4.	36	00:01:33	00:15:18	187m	8'17"/km
5.	37	00:01:50	00:17:08	215m	8'32"/km
6.	47	00:01:16	00:18:24	127m	9'58"/km
7.	43	00:02:37	00:21:01	110m	23'47"/km
8.	51	00:03:54	00:24:55	292m	13'21"/km
9.	56	00:02:38	00:27:33	367m	7'11"/km
10.	57	00:00:29	00:28:02	85m	5'41"/km
11.	33	00:02:30	00:30:32	392m	6'23"/km
12.	45	00:03:19	00:33:51	194m	17'06"/km
13.	46	00:03:03	00:36:54	203m	15'01"/km
14.	50	00:01:37	00:38:31	118m	13'42"/km
15.	51	00:02:09	00:40:40	128m	16'48"/km
16.	32	00:01:51	00:42:31	294m	6'18"/km
17.	44	00:01:39	00:44:10	322m	5'07"/km
18.	55	00:00:43	00:44:53	108m	6'38"/km
19.	57	00:01:06	00:45:59	143m	7'42"/km
20.	43	00:04:53	00:50:52	478m	10'13"/km
21.	52	00:02:55	00:53:47	239m	12'12"/km
22.	31	00:02:16	00:56:03	243m	9'20"/km
23.	35	00:01:12	00:57:15	123m	9'45"/km
24.	47	00:03:21	01:00:36	299m	11'12"/km
25.	42	00:04:36	01:05:12	405m	11'21"/km
26.	40	00:01:25	01:06:37	148m	9'34"/km
27.	58	00:02:32	01:09:09	190m	13'20"/km
28.	999	00:00:06	01:09:15	73m	1'22"/km

Orienteering Software