



1º Treino COABOM 2023

Centro Esportivo de Caldazinha 12.3.2023

Clube de Orientação Amigos dos Bombeiros

Sandra Cristina dos Santos Gomes

Clube de Orientação Serra dos Cristais

Percurso : D35A

Distancia : 3700m (Desnivel 125m)

Tempo : 2:41:07 (43'33"/km)

7/7

O.K.

[Resultados completos em Webres](#)

1. Andréia Alves Barros	1:30:51
2. Rheila Cristina Borges Gouveia	1:40:44
3. Noradi Maria Vilela	1:41:05

1.	45	00:20:28		204m	100'20"/km
2.	32	00:18:05	00:38:33	385m	46'58"/km
3.	51	00:07:40	00:46:13	294m	26'05"/km
4.	50	00:06:36	00:52:49	128m	51'34"/km
5.	56	00:12:51	01:05:40	304m	42'16"/km
6.	55	00:02:00	01:07:40	218m	9'10"/km
7.	43	00:18:27	01:26:07	490m	37'39"/km
8.	36	00:03:12	01:29:19	94m	34'03"/km
9.	31	00:04:35	01:33:54	172m	26'39"/km
10.	53	00:04:41	01:38:35	118m	39'41"/km
11.	52	00:03:44	01:42:19	126m	29'38"/km
12.	47	00:14:04	01:56:23	323m	43'33"/km
13.	37	00:10:44	02:07:07	127m	84'31"/km
14.	42	00:25:36	02:32:43	291m	87'58"/km
15.	40	00:04:32	02:37:15	148m	30'38"/km
16.	58	00:03:37	02:40:52	190m	19'02"/km
17.	999	00:00:15	02:41:07	73m	3'25"/km

Orienteering Software