

Nationale LD
Hèvrement 12.3.2023
CO Liège

Vincent DEBAY

Balise 10

Circuit : SD

Distance : 4200m (Dénivelé 85m)

Temps : 1:12:36 (17'17"/km)

8/18

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------------|---------|
| 1. Elisabeth HENKES | 0:43:27 |
| 2. Fred TOSSERAMS | 0:54:14 |
| 3. Jorran VAN DER HEIJDEN | 0:54:19 |

1.	119	00:06:30		350m	18'34"/km
2.	139	00:07:43	00:14:13	550m	14'02"/km
3.	99	00:03:14	00:17:27	276m	11'43"/km
4.	107	00:11:45	00:29:12	854m	13'46"/km
5.	80	00:06:32	00:35:44	516m	12'40"/km
6.	127	00:16:31	00:52:15	356m	46'24"/km
7.	137	00:03:15	00:55:30	280m	11'36"/km
8.	94	00:07:52	01:03:22	507m	15'31"/km
9.	95	00:05:01	01:08:23	191m	26'16"/km
10.	96	00:03:28	01:11:51	205m	16'55"/km
11.	999	00:00:45	01:12:36	115m	6'31"/km

HELGA

Orienteering Software