

Nationale LD
Hèvrement 12.3.2023
CO Liège

Marie-Jeanne ARSAC

Altaïr Orientation

Circuit : SE

Distance : 4110m (Dénivelé 85m)

Temps : 1:42:09 (24'51"/km)

8/12

O.K.

[Résultats complets sur Webres](#)

- | | |
|------------------------|---------|
| 1. Isabelle FRERE | 0:55:19 |
| 2. Christiane TOEBINTE | 1:27:11 |
| 3. Joëlle MEERT | 1:36:55 |

1.	145	00:05:06		227m	22'28"/km
2.	146	00:09:21	00:14:27	514m	18'11"/km
3.	114	00:05:10	00:19:37	219m	23'36"/km
4.	111	00:19:40	00:39:17	733m	26'50"/km
5.	98	00:08:07	00:47:24	296m	27'25"/km
6.	116	00:08:41	00:56:05	445m	19'31"/km
7.	112	00:09:46	01:05:51	166m	58'50"/km
8.	146	00:11:21	01:17:12	494m	22'59"/km
9.	129	00:05:36	01:22:48	326m	17'11"/km
10.	115	00:12:29	01:35:17	318m	39'15"/km
11.	96	00:05:22	01:40:39	259m	20'43"/km
12.	999	00:01:30	01:42:09	115m	13'03"/km

HELGA

Orienteering Software