

# Nationale LD

## Hèvremont 12.3.2023

### CO Liège

**Isabelle FRERE**

CO Liège

Circuit : SE

Distance : 4110m (Dénivelé 85m)

Temps : 0:55:19 (13'28"/km)

**1/12**

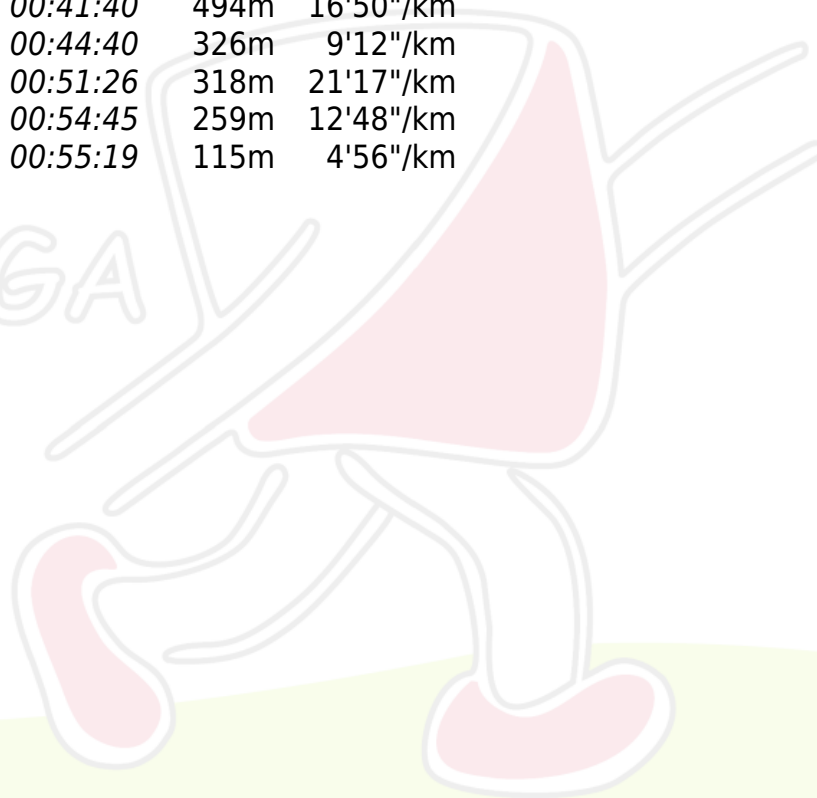
O.K.

[Résultats complets sur Webres](#)

2. Christiane TOEBINTE 1:27:11  
3. Joëlle MEERT 1:36:55

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 145 | 00:02:34 |          | 227m | 11'18"/km |
| 2.  | 146 | 00:05:10 | 00:07:44 | 514m | 10'03"/km |
| 3.  | 114 | 00:04:00 | 00:11:44 | 219m | 18'16"/km |
| 4.  | 111 | 00:08:48 | 00:20:32 | 733m | 12'00"/km |
| 5.  | 98  | 00:03:37 | 00:24:09 | 296m | 12'13"/km |
| 6.  | 116 | 00:05:54 | 00:30:03 | 445m | 13'16"/km |
| 7.  | 112 | 00:03:18 | 00:33:21 | 166m | 19'53"/km |
| 8.  | 146 | 00:08:19 | 00:41:40 | 494m | 16'50"/km |
| 9.  | 129 | 00:03:00 | 00:44:40 | 326m | 9'12"/km  |
| 10. | 115 | 00:06:46 | 00:51:26 | 318m | 21'17"/km |
| 11. | 96  | 00:03:19 | 00:54:45 | 259m | 12'48"/km |
| 12. | 999 | 00:00:34 | 00:55:19 | 115m | 4'56"/km  |

HELGA



Orienteering Software