

Nationale LD
Hèvrement 12.3.2023
CO Liège

Jos THYS

hamok

Circuit : H75

Distance : 3990m (Dénivelé 90m)

Temps : 1:13:45 (18'29"/km)

7/9

O.K.

[Résultats complets sur Webres](#)

- | | |
|-----------------------|---------|
| 1. Freddy SILLIEN | 0:45:37 |
| 2. Vic VANDERSTRAETEN | 0:53:36 |
| 3. Jos HOUBEN | 0:59:26 |

1.	139	00:10:34		730m	14'28"/km
2.	134	00:04:26	00:15:00	328m	13'31"/km
3.	138	00:06:46	00:21:46	417m	16'14"/km
4.	107	00:06:07	00:27:53	393m	15'34"/km
5.	80	00:09:22	00:37:15	516m	18'09"/km
6.	122	00:05:05	00:42:20	287m	17'43"/km
7.	127	00:07:00	00:49:20	330m	21'13"/km
8.	137	00:04:36	00:53:56	280m	16'26"/km
9.	93	00:06:42	01:00:38	291m	23'01"/km
10.	96	00:11:27	01:12:05	303m	37'47"/km
11.	999	00:01:40	01:13:45	115m	14'30"/km

HELGA

Orienteering Software