

**Nationale LD**  
**Hèvrement 12.3.2023**  
**CO Liège**

**Thorsten CREMER**

Hansa Simmerath

Circuit : H45

Distance : 7880m (Dénivelé 280m)

Temps : 1:50:45 (14'03"/km)

**15/22**

O.K.

[Résultats complets sur Webres](#)

- |                    |         |
|--------------------|---------|
| 1. Fabien PASQUASY | 0:51:30 |
| 2. Michel BASTIN   | 0:57:23 |
| 3. Guido LENGES    | 1:06:44 |

|     |     |          |          |       |           |
|-----|-----|----------|----------|-------|-----------|
| 1.  | 76  | 00:07:02 |          | 348m  | 20'13"/km |
| 2.  | 77  | 00:01:33 | 00:08:35 | 86m   | 18'01"/km |
| 3.  | 143 | 00:04:57 | 00:13:32 | 334m  | 14'49"/km |
| 4.  | 125 | 00:05:03 | 00:18:35 | 482m  | 10'29"/km |
| 5.  | 126 | 00:07:54 | 00:26:29 | 793m  | 9'58"/km  |
| 6.  | 118 | 00:03:34 | 00:30:03 | 404m  | 8'50"/km  |
| 7.  | 142 | 00:09:47 | 00:39:50 | 528m  | 18'32"/km |
| 8.  | 140 | 00:04:05 | 00:43:55 | 321m  | 12'43"/km |
| 9.  | 121 | 00:08:33 | 00:52:28 | 853m  | 10'01"/km |
| 10. | 100 | 00:05:36 | 00:58:04 | 326m  | 17'11"/km |
| 11. | 87  | 00:06:01 | 01:04:05 | 264m  | 22'47"/km |
| 12. | 135 | 00:05:08 | 01:09:13 | 336m  | 15'17"/km |
| 13. | 103 | 00:13:31 | 01:22:44 | 548m  | 24'40"/km |
| 14. | 104 | 00:03:21 | 01:26:05 | 253m  | 13'14"/km |
| 15. | 101 | 00:09:28 | 01:35:33 | 1082m | 8'45"/km  |
| 16. | 137 | 00:02:58 | 01:38:31 | 156m  | 19'01"/km |
| 17. | 93  | 00:05:15 | 01:43:46 | 291m  | 18'02"/km |
| 18. | 133 | 00:04:48 | 01:48:34 | 217m  | 22'07"/km |
| 19. | 96  | 00:01:42 | 01:50:16 | 143m  | 11'53"/km |
| 20. | 999 | 00:00:29 | 01:50:45 | 115m  | 4'12"/km  |

Orienteering Software