

Nationale LD

Hèvremont 12.3.2023

CO Liège

Philippe CREFCOEUR

Altair Orientation

Circuit : HE

Distance : 13880m (Dénivelé 450m)

Temps : 2:49:54 (12'14"/km)

17/19

O.K.

[Résultats complets sur Webres](#)

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|-----------------------------|---------|
| 1. François VAN DER OUDERAA | 1:33:23 |
| 2. Evert LEEUWS | 1:37:14 |
| 3. Wouter HUS | 1:38:22 |

1.	75	00:01:50		175m	10'29"/km
2.	76	00:02:53	00:04:43	291m	9'55"/km
3.	77	00:01:31	00:06:14	86m	17'38"/km
4.	78	00:03:39	00:09:53	217m	16'49"/km
5.	79	00:02:17	00:12:10	188m	12'09"/km
6.	102	00:12:50	00:25:00	1264m	10'09"/km
7.	107	00:02:12	00:27:12	186m	11'50"/km
8.	141	00:01:20	00:28:32	138m	9'40"/km
9.	108	00:01:27	00:29:59	178m	8'09"/km
10.	102	00:02:27	00:32:26	246m	9'58"/km
11.	109	00:01:45	00:34:11	165m	10'36"/km
12.	110	00:02:03	00:36:14	190m	10'47"/km
13.	102	00:02:48	00:39:02	210m	13'20"/km
14.	82	00:04:56	00:43:58	495m	9'58"/km
15.	83	00:08:01	00:51:59	633m	12'40"/km
16.	84	00:06:26	00:58:25	491m	13'06"/km
17.	85	00:02:49	01:01:14	213m	13'13"/km
18.	100	00:09:49	01:11:03	536m	18'19"/km
19.	87	00:04:22	01:15:25	264m	16'32"/km
20.	135	00:04:28	01:19:53	336m	13'18"/km
21.	89	00:01:49	01:21:42	161m	11'17"/km
22.	91	00:02:09	01:23:51	103m	20'52"/km
23.	90	00:04:08	01:27:59	310m	13'20"/km
24.	88	00:02:20	01:30:19	126m	18'31"/km
25.	97	00:04:22	01:34:41	247m	17'41"/km
26.	139	00:27:44	02:02:25	2678m	10'21"/km
27.	99	00:03:10	02:05:35	276m	11'28"/km
28.	138	00:05:39	02:11:14	517m	10'56"/km
29.	117	00:03:57	02:15:11	337m	11'43"/km
30.	118	00:03:49	02:19:00	368m	10'22"/km
31.	132	00:12:30	02:31:30	910m	13'44"/km
32.	92	00:05:28	02:36:58	439m	12'27"/km
33.	94	00:06:13	02:43:11	391m	15'54"/km
34.	95	00:02:53	02:46:04	191m	15'06"/km
35.	96	00:03:04	02:49:08	205m	14'58"/km
36.	999	00:00:46	02:49:54	115m	6'40"/km