

Nationale LD

Hèvremont 12.3.2023

CO Liège

François TONNEAU

OLV Eifel

Circuit : HE

Distance : 13880m (Dénivelé 450m)

Temps : 2:29:17 (10'45"/km)

14/19

O.K.

[Résultats complets sur Webres](#)

- | | |
|-----------------------------|---------|
| 1. François VAN DER OUDERAA | 1:33:23 |
| 2. Evert LEEUWS | 1:37:14 |
| 3. Wouter HUS | 1:38:22 |

1.	75	00:01:25		175m	8'06"/km
2.	76	00:02:01	00:03:26	291m	6'56"/km
3.	77	00:02:32	00:05:58	86m	29'27"/km
4.	78	00:02:32	00:08:30	217m	11'40"/km
5.	79	00:02:29	00:10:59	188m	13'13"/km
6.	102	00:11:35	00:22:34	1264m	9'10"/km
7.	107	00:02:46	00:25:20	186m	14'52"/km
8.	141	00:01:06	00:26:26	138m	7'58"/km
9.	108	00:01:08	00:27:34	178m	6'22"/km
10.	102	00:01:49	00:29:23	246m	7'23"/km
11.	109	00:01:15	00:30:38	165m	7'35"/km
12.	110	00:01:38	00:32:16	190m	8'36"/km
13.	102	00:02:00	00:34:16	210m	9'31"/km
14.	82	00:05:22	00:39:38	495m	10'51"/km
15.	83	00:05:59	00:45:37	633m	9'27"/km
16.	84	00:06:13	00:51:50	491m	12'40"/km
17.	85	00:01:58	00:53:48	213m	9'14"/km
18.	100	00:07:39	01:01:27	536m	14'16"/km
19.	87	00:03:34	01:05:01	264m	13'31"/km
20.	135	00:03:36	01:08:37	336m	10'43"/km
21.	89	00:01:44	01:10:21	161m	10'46"/km
22.	91	00:01:23	01:11:44	103m	13'26"/km
23.	90	00:02:57	01:14:41	310m	9'31"/km
24.	88	00:02:10	01:16:51	126m	17'12"/km
25.	97	00:04:39	01:21:30	247m	18'50"/km
26.	139	00:22:17	01:43:47	2678m	8'19"/km
27.	99	00:03:17	01:47:04	276m	11'54"/km
28.	138	00:04:44	01:51:48	517m	9'09"/km
29.	117	00:03:16	01:55:04	337m	9'42"/km
30.	118	00:03:36	01:58:40	368m	9'47"/km
31.	132	00:11:59	02:10:39	910m	13'10"/km
32.	92	00:04:52	02:15:31	439m	11'05"/km
33.	94	00:07:42	02:23:13	391m	19'42"/km
34.	95	00:02:47	02:26:00	191m	14'34"/km
35.	96	00:02:36	02:28:36	205m	12'41"/km
36.	999	00:00:41	02:29:17	115m	5'57"/km