Nationale LD
Hèvremont 12.3.2023
CO Liège

Warre DE CUYPER
K.O.L.
Circuit : HE
Distance : 13880m (Dénivelé 450m)
Temps : 1:54:44 (8'16"/km)

13/19 O.K.

Résultats complets sur Webres

1. François VAN DER OUDERAA 1:33:23
2. Evert LEEUWS 1:37:14
3. Wouter HUS 1:38:22

1.	75	00:01:21		175m	7'43"/km
2.	76	00:02:12	*00:03:33*	291m	7'34"/km
3.	77	00:01:02	*00:04:35*	86m	12'01"/km
4.	78	00:02:22	*00:06:57*	217m	10'54"/km
5.	79	00:01:25	*00:08:22*	188m	7'32"/km
6.	102	00:07:24	*00:15:46*	1264m	5'51"/km
7.	107	00:02:09	*00:17:55*	186m	11'34"/km
8.	141	00:00:50	*00:18:45*	138m	6'02"/km
9.	108	00:01:01	*00:19:46*	178m	5'43"/km
10.	102	00:01:26	*00:21:12*	246m	5'50"/km
11.	109	00:00:59	*00:22:11*	165m	5'58"/km
12.	110	00:01:15	*00:23:26*	190m	6'35"/km
13.	102	00:01:30	*00:24:56*	210m	7'09"/km
14.	82	00:07:55	*00:32:51*	495m	16'00"/km
15.	83	00:05:11	*00:38:02*	633m	8'11"/km
16.	84	00:04:55	*00:42:57*	491m	10'01"/km
17.	85	00:01:50	*00:44:47*	213m	8'36"/km
18.	100	00:05:30	*00:50:17*	536m	10'16"/km
19.	87	00:07:53	*00:58:10*	264m	29'52"/km
20.	135	00:02:58	*01:01:08*	336m	8'50"/km
21.	89	00:01:12	*01:02:20*	161m	7'27"/km
22.	91	00:01:02	*01:03:22*	103m	10'02"/km
23.	90	00:02:56	*01:06:18*	310m	9'28"/km
24.	88	00:01:51	*01:08:09*	126m	14'41"/km
25.	97	00:03:18	*01:11:27*	247m	13'22"/km
26.	139	00:14:54	*01:26:21*	2678m	5'34"/km
27.	99	00:01:44	*01:28:05*	276m	6'17"/km
28.	138	00:02:51	*01:30:56*	517m	5'31"/km
29.	117	00:01:57	*01:32:53*	337m	5'47"/km
30.	118	00:02:16	*01:35:09*	368m	6'10"/km
31.	132	00:06:45	*01:41:54*	910m	7'25"/km
32.	92	00:04:53	*01:46:47*	439m	11'07"/km
33.	94	00:03:15	*01:50:02*	391m	8'19"/km
34.	95	00:02:22	*01:52:24*	191m	12'23"/km
35.	96	00:01:51	*01:54:15*	205m	9'01"/km
36.	999	00:00:29	*01:54:44*	115m	4'12"/km

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