

Nationale LD

Hèvremont 12.3.2023

CO Liège

Jérémy BREDO

OLV Eifel

Circuit : HE

Distance : 13880m (Dénivelé 450m)

Temps : 1:51:54 (8'04"/km)

12/19

O.K.

[Résultats complets sur Webres](#)

- | | |
|-----------------------------|---------|
| 1. François VAN DER OUDERAA | 1:33:23 |
| 2. Evert LEEUWS | 1:37:14 |
| 3. Wouter HUS | 1:38:22 |

1.	75	00:01:33		175m	8'51"/km
2.	76	00:01:45	00:03:18	291m	6'01"/km
3.	77	00:01:20	00:04:38	86m	15'30"/km
4.	78	00:02:00	00:06:38	217m	9'13"/km
5.	79	00:01:55	00:08:33	188m	10'12"/km
6.	102	00:07:31	00:16:04	1264m	5'57"/km
7.	107	00:02:35	00:18:39	186m	13'53"/km
8.	141	00:00:53	00:19:32	138m	6'24"/km
9.	108	00:01:04	00:20:36	178m	6'00"/km
10.	102	00:01:29	00:22:05	246m	6'02"/km
11.	109	00:01:10	00:23:15	165m	7'04"/km
12.	110	00:01:22	00:24:37	190m	7'12"/km
13.	102	00:01:31	00:26:08	210m	7'13"/km
14.	82	00:04:15	00:30:23	495m	8'35"/km
15.	83	00:05:05	00:35:28	633m	8'02"/km
16.	84	00:04:27	00:39:55	491m	9'04"/km
17.	85	00:01:44	00:41:39	213m	8'08"/km
18.	100	00:05:36	00:47:15	536m	10'27"/km
19.	87	00:02:46	00:50:01	264m	10'29"/km
20.	135	00:02:50	00:52:51	336m	8'26"/km
21.	89	00:01:57	00:54:48	161m	12'07"/km
22.	91	00:01:20	00:56:08	103m	12'57"/km
23.	90	00:02:30	00:58:38	310m	8'04"/km
24.	88	00:01:33	01:00:11	126m	12'18"/km
25.	97	00:03:27	01:03:38	247m	13'58"/km
26.	139	00:16:16	01:19:54	2678m	6'04"/km
27.	99	00:01:55	01:21:49	276m	6'57"/km
28.	138	00:03:19	01:25:08	517m	6'25"/km
29.	117	00:03:18	01:28:26	337m	9'48"/km
30.	118	00:02:32	01:30:58	368m	6'53"/km
31.	132	00:07:39	01:38:37	910m	8'24"/km
32.	92	00:03:20	01:41:57	439m	7'36"/km
33.	94	00:03:59	01:45:56	391m	10'11"/km
34.	95	00:03:41	01:49:37	191m	19'17"/km
35.	96	00:01:50	01:51:27	205m	8'57"/km
36.	999	00:00:27	01:51:54	115m	3'55"/km