

Nationale LD

Hèvremont 12.3.2023

CO Liège

Willem BAKELANTS

Omega

Circuit : HE

Distance : 13880m (Dénivelé 450m)

Temps : 1:50:33 (7'58"/km)

11/19

O.K.

[Résultats complets sur Webres](#)

- | | |
|-----------------------------|---------|
| 1. François VAN DER OUDERAA | 1:33:23 |
| 2. Evert LEEUWS | 1:37:14 |
| 3. Wouter HUS | 1:38:22 |

1.	75	00:01:14		175m	7'03"/km
2.	76	00:02:07	00:03:21	291m	7'16"/km
3.	77	00:00:59	00:04:20	86m	11'26"/km
4.	78	00:02:20	00:06:40	217m	10'45"/km
5.	79	00:02:38	00:09:18	188m	14'00"/km
6.	102	00:08:47	00:18:05	1264m	6'57"/km
7.	107	00:01:36	00:19:41	186m	8'36"/km
8.	141	00:00:50	00:20:31	138m	6'02"/km
9.	108	00:00:57	00:21:28	178m	5'20"/km
10.	102	00:01:31	00:22:59	246m	6'10"/km
11.	109	00:00:55	00:23:54	165m	5'33"/km
12.	110	00:01:21	00:25:15	190m	7'06"/km
13.	102	00:01:49	00:27:04	210m	8'39"/km
14.	82	00:03:52	00:30:56	495m	7'49"/km
15.	83	00:06:01	00:36:57	633m	9'30"/km
16.	84	00:04:28	00:41:25	491m	9'06"/km
17.	85	00:01:43	00:43:08	213m	8'04"/km
18.	100	00:05:53	00:49:01	536m	10'59"/km
19.	87	00:02:22	00:51:23	264m	8'58"/km
20.	135	00:02:37	00:54:00	336m	7'47"/km
21.	89	00:01:10	00:55:10	161m	7'15"/km
22.	91	00:01:02	00:56:12	103m	10'02"/km
23.	90	00:02:28	00:58:40	310m	7'57"/km
24.	88	00:01:29	01:00:09	126m	11'46"/km
25.	97	00:03:23	01:03:32	247m	13'42"/km
26.	139	00:17:09	01:20:41	2678m	6'24"/km
27.	99	00:02:10	01:22:51	276m	7'51"/km
28.	138	00:03:24	01:26:15	517m	6'35"/km
29.	117	00:02:10	01:28:25	337m	6'26"/km
30.	118	00:02:55	01:31:20	368m	7'56"/km
31.	132	00:08:13	01:39:33	910m	9'02"/km
32.	92	00:03:19	01:42:52	439m	7'33"/km
33.	94	00:03:34	01:46:26	391m	9'07"/km
34.	95	00:01:48	01:48:14	191m	9'25"/km
35.	96	00:01:52	01:50:06	205m	9'06"/km
36.	999	00:00:27	01:50:33	115m	3'55"/km