Nationale LD
Hèvremont 12.3.2023
CO Liège

Rune DE CLERCQ
TROL
Circuit : HE
Distance : 13880m (Dénivelé 450m)
Temps : 1:43:01 (7'25"/km)

5/19 O.K.

Résultats complets sur Webres

1. François VAN DER OUDERAA 1:33:23
2. Evert LEEUWS 1:37:14
3. Wouter HUS 1:38:22

1.	75	00:01:14		175m	7'03"/km
2.	76	00:01:45	*00:02:59*	291m	6'01"/km
3.	77	00:01:16	*00:04:15*	86m	14'44"/km
4.	78	00:01:58	*00:06:13*	217m	9'04"/km
5.	79	00:01:34	*00:07:47*	188m	8'20"/km
6.	102	00:07:52	*00:15:39*	1264m	6'13"/km
7.	107	00:02:13	*00:17:52*	186m	11'55"/km
8.	141	00:00:46	*00:18:38*	138m	5'33"/km
9.	108	00:00:56	*00:19:34*	178m	5'15"/km
10.	102	00:01:26	*00:21:00*	246m	5'50"/km
11.	109	00:01:08	*00:22:08*	165m	6'52"/km
12.	110	00:01:19	*00:23:27*	190m	6'56"/km
13.	102	00:01:37	*00:25:04*	210m	7'42"/km
14.	82	00:03:12	*00:28:16*	495m	6'28"/km
15.	83	00:05:02	*00:33:18*	633m	7'57"/km
16.	84	00:04:11	*00:37:29*	491m	8'31"/km
17.	85	00:01:48	*00:39:17*	213m	8'27"/km
18.	100	00:05:47	*00:45:04*	536m	10'47"/km
19.	87	00:02:46	*00:47:50*	264m	10'29"/km
20.	135	00:03:08	*00:50:58*	336m	9'20"/km
21.	89	00:01:14	*00:52:12*	161m	7'40"/km
22.	91	00:01:20	*00:53:32*	103m	12'57"/km
23.	90	00:02:22	*00:55:54*	310m	7'38"/km
24.	88	00:01:44	*00:57:38*	126m	13'45"/km
25.	97	00:03:11	*01:00:49*	247m	12'53"/km
26.	139	00:15:16	*01:16:05*	2678m	5'42"/km
27.	99	00:01:42	*01:17:47*	276m	6'10"/km
28.	138	00:03:04	*01:20:51*	517m	5'56"/km
29.	117	00:01:55	*01:22:46*	337m	5'41"/km
30.	118	00:02:23	*01:25:09*	368m	6'29"/km
31.	132	00:07:08	*01:32:17*	910m	7'50"/km
32.	92	00:02:56	*01:35:13*	439m	6'41"/km
33.	94	00:03:36	*01:38:49*	391m	9'12"/km
34.	95	00:02:05	*01:40:54*	191m	10'54"/km
35.	96	00:01:43	*01:42:37*	205m	8'22"/km
36.	999	00:00:24	*01:43:01*	115m	3'29"/km

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