

Nationale LD

Hèvremont 12.3.2023

CO Liège

Wouter HUS

K.O.L.

Circuit : HE

Distance : 13880m (Dénivelé 450m)

Temps : 1:38:22 (7'05"/km)

3/19

O.K.

[Résultats complets sur Webres](#)

- | | |
|-----------------------------|---------|
| 1. François VAN DER OUDERAA | 1:33:23 |
| 2. Evert LEEUWS | 1:37:14 |

1.	75	00:01:22		175m	7'49"/km
2.	76	00:02:30	00:03:52	291m	8'35"/km
3.	77	00:00:44	00:04:36	86m	8'32"/km
4.	78	00:02:23	00:06:59	217m	10'59"/km
5.	79	00:01:14	00:08:13	188m	6'34"/km
6.	102	00:06:57	00:15:10	1264m	5'30"/km
7.	107	00:01:15	00:16:25	186m	6'43"/km
8.	141	00:00:43	00:17:08	138m	5'12"/km
9.	108	00:00:52	00:18:00	178m	4'52"/km
10.	102	00:01:28	00:19:28	246m	5'58"/km
11.	109	00:00:56	00:20:24	165m	5'39"/km
12.	110	00:01:12	00:21:36	190m	6'19"/km
13.	102	00:01:34	00:23:10	210m	7'28"/km
14.	82	00:03:29	00:26:39	495m	7'02"/km
15.	83	00:05:16	00:31:55	633m	8'19"/km
16.	84	00:04:16	00:36:11	491m	8'41"/km
17.	85	00:01:27	00:37:38	213m	6'48"/km
18.	100	00:05:07	00:42:45	536m	9'33"/km
19.	87	00:02:07	00:44:52	264m	8'01"/km
20.	135	00:02:25	00:47:17	336m	7'12"/km
21.	89	00:01:16	00:48:33	161m	7'52"/km
22.	91	00:01:10	00:49:43	103m	11'20"/km
23.	90	00:02:20	00:52:03	310m	7'32"/km
24.	88	00:01:16	00:53:19	126m	10'03"/km
25.	97	00:02:35	00:55:54	247m	10'28"/km
26.	139	00:14:17	01:10:11	2678m	5'20"/km
27.	99	00:01:46	01:11:57	276m	6'24"/km
28.	138	00:02:58	01:14:55	517m	5'44"/km
29.	117	00:01:48	01:16:43	337m	5'20"/km
30.	118	00:02:12	01:18:55	368m	5'59"/km
31.	132	00:08:55	01:27:50	910m	9'48"/km
32.	92	00:03:33	01:31:23	439m	8'05"/km
33.	94	00:03:08	01:34:31	391m	8'01"/km
34.	95	00:01:33	01:36:04	191m	8'07"/km
35.	96	00:01:51	01:37:55	205m	9'01"/km
36.	999	00:00:27	01:38:22	115m	3'55"/km