

Nationale LD

Hèvremont 12.3.2023

CO Liège

Evert LEEUWS

Antwerp Orienteers

Circuit : HE

Distance : 13880m (Dénivelé 450m)

Temps : 1:37:14 (7'00"/km)

2/19

O.K.

[Résultats complets sur Webres](#)

1. François VAN DER OUDERAA 1:33:23
3. Wouter HUS 1:38:22

1.	75	00:01:25	175m	8'06"/km
2.	76	00:01:50 00:03:15	291m	6'18"/km
3.	77	00:00:51 00:04:06	86m	9'53"/km
4.	78	00:02:15 00:06:21	217m	10'22"/km
5.	79	00:01:25 00:07:46	188m	7'32"/km
6.	102	00:07:27 00:15:13	1264m	5'54"/km
7.	107	00:01:13 00:16:26	186m	6'32"/km
8.	141	00:00:43 00:17:09	138m	5'12"/km
9.	108	00:00:50 00:17:59	178m	4'41"/km
10.	102	00:01:24 00:19:23	246m	5'41"/km
11.	109	00:00:57 00:20:20	165m	5'45"/km
12.	110	00:01:15 00:21:35	190m	6'35"/km
13.	102	00:01:32 00:23:07	210m	7'18"/km
14.	82	00:02:41 00:25:48	495m	5'25"/km
15.	83	00:04:30 00:30:18	633m	7'07"/km
16.	84	00:04:01 00:34:19	491m	8'11"/km
17.	85	00:01:35 00:35:54	213m	7'26"/km
18.	100	00:06:40 00:42:34	536m	12'26"/km
19.	87	00:02:33 00:45:07	264m	9'40"/km
20.	135	00:02:59 00:48:06	336m	8'53"/km
21.	89	00:01:10 00:49:16	161m	7'15"/km
22.	91	00:01:27 00:50:43	103m	14'05"/km
23.	90	00:02:23 00:53:06	310m	7'41"/km
24.	88	00:01:30 00:54:36	126m	11'54"/km
25.	97	00:03:09 00:57:45	247m	12'45"/km
26.	139	00:14:27 01:12:12	2678m	5'24"/km
27.	99	00:01:37 01:13:49	276m	5'51"/km
28.	138	00:02:48 01:16:37	517m	5'25"/km
29.	117	00:01:45 01:18:22	337m	5'12"/km
30.	118	00:02:08 01:20:30	368m	5'48"/km
31.	132	00:06:52 01:27:22	910m	7'33"/km
32.	92	00:02:59 01:30:21	439m	6'48"/km
33.	94	00:03:18 01:33:39	391m	8'26"/km
34.	95	00:01:33 01:35:12	191m	8'07"/km
35.	96	00:01:40 01:36:52	205m	8'08"/km
36.	999	00:00:22 01:37:14	115m	3'11"/km