

Nationale LD
Hèvrement 12.3.2023
CO Liège

Bob DE CLERCQ

TROL

Circuit : D45

Distance : 4880m (Dénivelé 100m)

Temps : 0:55:59 (11'28"/km)

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O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------|---------|
| 1. Aline HERMANS | 0:45:01 |
| 2. Véronique BASTIN | 0:54:31 |
| 3. Rachel WINTHAGEN | 1:13:59 |

1.	79	00:05:26		466m	11'40"/km
2.	98	00:03:21	00:08:47	228m	14'42"/km
3.	125	00:03:49	00:12:36	395m	9'40"/km
4.	126	00:07:12	00:19:48	793m	9'05"/km
5.	81	00:07:25	00:27:13	531m	13'58"/km
6.	140	00:03:35	00:30:48	305m	11'45"/km
7.	80	00:07:07	00:37:55	615m	11'34"/km
8.	137	00:05:54	00:43:49	634m	9'18"/km
9.	105	00:05:35	00:49:24	418m	13'21"/km
10.	106	00:03:19	00:52:43	234m	14'10"/km
11.	96	00:02:38	00:55:21	143m	18'25"/km
12.	999	00:00:38	00:55:59	115m	5'30"/km

HELGA

Orienteering Software