

Nationale LD
Hèvrement 12.3.2023
CO Liège

Marie DESTREE

Hermathenae

Circuit : D40

Distance : 4880m (Dénivelé 100m)

Temps : 1:02:03 (12'43"/km)

4/13

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------|---------|
| 1. Lieke VAN OPSTAL | 0:47:16 |
| 2. Netsi WODAJO | 0:49:23 |
| 3. Caroline BLOCKX | 1:00:09 |

1.	79	00:04:38		466m	9'57"/km
2.	98	00:02:34	00:07:12	228m	11'15"/km
3.	125	00:06:31	00:13:43	395m	16'30"/km
4.	126	00:08:41	00:22:24	793m	10'57"/km
5.	81	00:06:41	00:29:05	531m	12'35"/km
6.	140	00:04:07	00:33:12	305m	13'30"/km
7.	80	00:07:20	00:40:32	615m	11'55"/km
8.	137	00:08:05	00:48:37	634m	12'45"/km
9.	105	00:07:16	00:55:53	418m	17'23"/km
10.	106	00:03:44	00:59:37	234m	15'57"/km
11.	96	00:01:51	01:01:28	143m	12'56"/km
12.	999	00:00:35	01:02:03	115m	5'04"/km

HELGA

Orienteering Software