



1º COURSE BRASIL EM FRANCE
SANTA CRUZ DO CAPIBARIBE - PE 11.3.2023
COURSE BRASIL EN FRANCE

José Nildo Da Silva

Bonito Running

Course : 10 KM SOLO MASCULINO 40-49

Distance : 9520m (Climbing 100m)

Time : 0:40:56 (4'18"/km)

8/18

O.K.

[Full result on Webres](#)

- | | |
|------------------------------|---------|
| 1. Romildo Severino Da Silva | 0:35:06 |
| 2. Amaro Vieira Alves | 0:35:30 |
| 3. Renê Romualdo Cunha Cunha | 0:36:54 |

1.	71	00:04:28		1240m	3'36"/km
2.	72	00:03:58	00:08:26	1000m	3'58"/km
3.	73	00:03:03	00:11:29	750m	4'04"/km
4.	70	00:07:30	00:18:59	1760m	4'16"/km
5.	71	00:05:56	00:24:55	1240m	4'47"/km
6.	72	00:04:31	00:29:26	1000m	4'31"/km
7.	73	00:03:22	00:32:48	750m	4'29"/km
8.	70	00:08:08	00:40:56	1760m	4'37"/km

HELGA

Orienteering Software