

Interland

Lommel 5.3.2023

hamok

Ronald SOMERS

NOLB

Course : M40

Distance : 8790m

Time : 1:08:19 (7'46"/km)

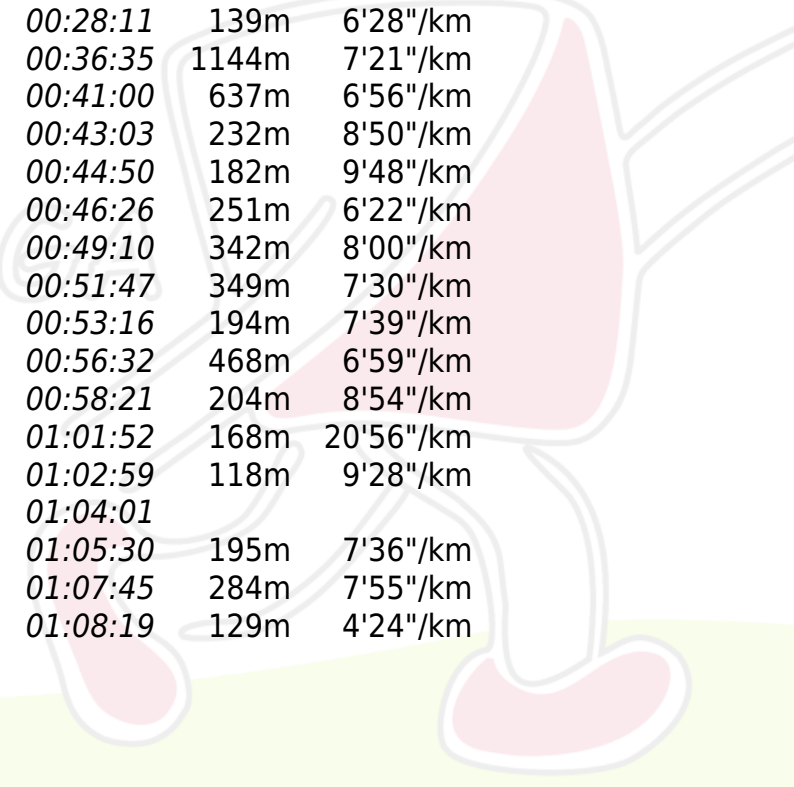
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O.K.

[Full result on Webres](#)

1. Tomas HENDRICKX	0:46:55
2. Richard ROBINSON	0:48:30
3. Michel BASTIN	0:48:58

1.	36	00:02:13		240m	9'14"/km
2.	34	00:03:36	00:05:49	306m	11'46"/km
3.	87	00:01:49	00:07:38	233m	7'48"/km
4.	32	00:02:44	00:10:22	366m	7'28"/km
5.	37	00:04:29	00:14:51	719m	6'14"/km
6.	38	00:03:45	00:18:36	585m	6'25"/km
7.	40	00:05:13	00:23:49	734m	7'06"/km
8.	41	00:03:28	00:27:17	520m	6'40"/km
9.	42	00:00:54	00:28:11	139m	6'28"/km
10.	63	00:08:24	00:36:35	1144m	7'21"/km
11.	45	00:04:25	00:41:00	637m	6'56"/km
12.	46	00:02:03	00:43:03	232m	8'50"/km
13.	47	00:01:47	00:44:50	182m	9'48"/km
14.	48	00:01:36	00:46:26	251m	6'22"/km
15.	51	00:02:44	00:49:10	342m	8'00"/km
16.	66	00:02:37	00:51:47	349m	7'30"/km
17.	91	00:01:29	00:53:16	194m	7'39"/km
18.	85	00:03:16	00:56:32	468m	6'59"/km
19.	58	00:01:49	00:58:21	204m	8'54"/km
20.	55	00:03:31	01:01:52	168m	20'56"/km
21.	68	00:01:07	01:02:59	118m	9'28"/km
22.	82	00:01:02	01:04:01		
23.	92	00:01:29	01:05:30	195m	7'36"/km
24.	62	00:02:15	01:07:45	284m	7'55"/km
25.	999	00:00:34	01:08:19	129m	4'24"/km



Orienteering Software