Interland
Lommel 5.3.2023
hamok

Guido LENGES
F.R.S.O.
Course : M21
Distance : 10560m
Time : 1:22:40 (7'50"/km)

14/18 O.K.

Full result on Webres

1. Wouter HUS 0:53:32
2. Ben WINDSOR 0:55:33
3. David BUNN 0:55:50

1.	32	00:01:48		178m	10'07"/km
2.	70	00:01:48	*00:03:36*	228m	7'54"/km
3.	34	00:02:10	*00:05:46*	271m	8'00"/km
4.	81	00:02:07	*00:07:53*	195m	10'51"/km
5.	33	00:05:24	*00:13:17*	347m	15'34"/km
6.	69	00:04:53	*00:18:10*	814m	6'00"/km
7.	109	00:05:24	*00:23:34*	953m	5'40"/km
8.	41	00:04:01	*00:27:35*	730m	5'30"/km
9.	42	00:00:49	*00:28:24*	139m	5'53"/km
10.	64	00:03:26	*00:31:50*	611m	5'37"/km
11.	65	00:03:09	*00:34:59*	378m	8'20"/km
12.	45	00:11:01	*00:46:00*	1012m	10'53"/km
13.	75	00:02:56	*00:48:56*	461m	6'22"/km
14.	97	00:01:56	*00:50:52*	299m	6'28"/km
15.	79	00:01:17	*00:52:09*	170m	7'33"/km
16.	118	00:01:14	*00:53:23*	173m	7'08"/km
17.	49	00:02:10	*00:55:33*	330m	6'34"/km
18.	90	00:02:05	*00:57:38*	225m	9'16"/km
19.	53	00:03:08	*01:00:46*	329m	9'31"/km
20.	67	00:02:33	*01:03:19*	411m	6'12"/km
21.	72	00:03:41	*01:07:00*	408m	9'02"/km
22.	52	00:01:51	*01:08:51*	263m	7'02"/km
23.	82	00:04:14	*01:13:05*	381m	11'07"/km
24.	85	00:01:27	*01:14:32*	186m	7'48"/km
25.	84	00:02:22	*01:16:54*	290m	8'10"/km
26.	59	00:02:28	*01:19:22*	292m	8'27"/km
27.	93	00:01:04	*01:20:26*	132m	8'05"/km
28.	61	00:00:46	*01:21:12*	103m	7'27"/km
29.	62	00:00:51	*01:22:03*	119m	7'09"/km
30.	999	00:00:37	*01:22:40*	129m	4'47"/km

Orienteering Software

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