



Treino e Iniciação COC 2023
Recanto Santa Maria - Alm Tam 5.3.2023
Clube de Orientação de Curitiba

Valter Costa

Clube de Orientação de Curitiba

Percurso : H Senior B

Distancia : 2600m (Desnivel 85m)

Tempo : 0:52:04 (20'02"/km)

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O.K.

[Resultados completos em Webres](#)

1. Luís Toshio Tuyama

0:51:56

1.	136	00:03:00		147m	20'24"/km
2.	104	00:02:03	00:05:03	266m	7'42"/km
3.	106	00:02:00	00:07:03	285m	7'01"/km
4.	140	00:01:10	00:08:13	145m	8'03"/km
5.	129	00:01:42	00:09:55	105m	16'11"/km
6.	125	00:03:47	00:13:42	140m	27'01"/km
7.	76	00:03:00	00:16:42	251m	11'57"/km
8.	79	00:01:54	00:18:36	182m	10'26"/km
9.	121	00:05:24	00:24:00	59m	91'32"/km
10.	122	00:03:14	00:27:14	127m	25'28"/km
11.	124	00:02:59	00:30:13	276m	10'49"/km
12.	75	00:01:13	00:31:26	83m	14'40"/km
13.	80	00:03:00	00:34:26	441m	6'48"/km
14.	135	00:04:12	00:38:38	252m	16'40"/km
15.	131	00:02:52	00:41:30	143m	20'03"/km
16.	137	00:05:41	00:47:11	273m	20'49"/km
17.	139	00:02:04	00:49:15	117m	17'40"/km
18.	73	00:00:53	00:50:08	81m	10'54"/km
19.	90	00:01:30	00:51:38	205m	7'19"/km
20.	999	00:00:26	00:52:04	65m	6'40"/km

Orienteering Software