



Treino e Iniciação COC 2023

Recanto Santa Maria - Alm Tam 5.3.2023

Clube de Orientação de Curitiba

Claudinéia Correia Da Rocha

Clube de Orientação de Curitiba

Percurso : D Master A

Distancia : 3400m (Desnivel 95m)

Tempo : 2:29:49 (44'04"/km)

4/6

O.K.

[Resultados completos em Webres](#)

- | | |
|--------------------------------------|---------|
| 1. Fabiola Paiva Lactchak Przybylski | 1:57:09 |
| 2. Claudineia Lopes Da Silva | 2:05:45 |
| 3. Valdinéia Lopes Da Silva | 2:12:09 |

1.	136	00:06:44		147m	45'48"/km
2.	104	00:02:14	00:08:58	266m	8'24"/km
3.	106	00:02:32	00:11:30	285m	8'53"/km
4.	140	00:01:42	00:13:12	145m	11'43"/km
5.	126	00:01:36	00:14:48	131m	12'13"/km
6.	138	00:07:31	00:22:19	535m	14'03"/km
7.	107	00:08:34	00:30:53	187m	45'49"/km
8.	93	00:07:03	00:37:56	96m	73'26"/km
9.	95	00:10:43	00:48:39	225m	47'38"/km
10.	92	00:11:03	00:59:42		
11.	133	00:05:51	01:05:33	135m	43'20"/km
12.	126	00:07:20	01:12:53	374m	19'36"/km
13.	125	00:03:39	01:16:32	213m	17'08"/km
14.	76	00:03:55	01:20:27	251m	15'36"/km
15.	79	00:02:45	01:23:12	182m	15'07"/km
16.	121	00:04:53	01:28:05	59m	82'46"/km
17.	122	00:12:42	01:40:47	127m	100'00"/km
18.	100	00:08:21	01:49:08	184m	45'23"/km
19.	126	00:02:48	01:51:56	214m	13'05"/km
20.	80	00:04:12	01:56:08	337m	12'28"/km
21.	90	00:02:52	01:59:00	122m	23'30"/km
22.	999	00:00:49	01:59:49	65m	12'34"/km

Orienteering Software