



Régionale MD
Senonches 4.3.2023
2801CE ESPAD

Yann RICHARD

7205PL LMA 72

Circuit : VIOLET

Distance : 5840m

Temps : 0:51:11 (8'46"/km)

14/24

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------|---------|
| 1. Lucas THOUVENIN | 0:40:51 |
| 2. Hervé QUINQUENEL | 0:41:26 |
| 3. Philippe SANCHEZ | 0:43:03 |

1.	31	03:36:52		
2.	32	00:00:58	03:37:50	
3.	33	00:01:42	03:39:32	
4.	34	00:00:52	03:40:24	
5.	52	00:00:34	03:40:58	
6.	37	00:01:00	03:41:58	
7.	36	00:00:41	03:42:39	
8.	54	00:00:48	03:43:27	
9.	70	00:00:21	03:43:48	
10.	38	00:01:06	03:44:54	
11.	39	00:02:44	03:47:38	185m 14'46"/km
12.	40	00:00:41	03:48:19	236m 2'54"/km
13.	44	00:01:02	03:49:21	
14.	45	00:01:03	03:50:24	
15.	55	00:00:25	03:50:49	
16.	56	00:01:03	03:51:52	
17.	57	00:00:33	03:52:25	
18.	48	00:00:22	03:52:47	
19.	67	00:00:17	03:53:04	
20.	51	00:00:23	03:53:27	
21.	49	00:00:27	03:53:54	
22.	50	00:00:34	03:54:28	124m 4'34"/km
23.	255	00:00:29	03:54:57	
24.	117	03:20:48	07:15:45	
25.	116	00:01:03	07:16:48	139m 7'33"/km
26.	119	00:01:22	07:18:10	149m 9'10"/km
27.	115	00:00:47	07:18:57	102m 7'41"/km
28.	57	00:01:35	07:20:32	147m 10'46"/km
29.	35	00:02:56	07:23:28	331m 8'52"/km
30.	36	00:04:55	07:28:23	335m 14'41"/km
31.	32	00:01:28	07:29:51	237m 6'11"/km
32.	37	00:03:59	07:33:50	374m 10'39"/km
33.	38	00:02:22	07:36:12	268m 8'50"/km
34.	39	00:01:36	07:37:48	185m 8'39"/km
35.	40	00:01:55	07:39:43	236m 8'07"/km
36.	41	00:03:58	07:43:41	420m 9'27"/km



37.	42	00:02:49	07:46:30	322m	8'45"/km
38.	120	00:02:10	07:48:40	260m	8'20"/km
39.	121	00:04:03	07:52:43	271m	14'57"/km
40.	34	00:02:17	07:55:00	281m	8'08"/km
41.	43	00:02:02	07:57:02	290m	7'01"/km
42.	65	00:02:12	07:59:14	291m	7'34"/km
43.	45	00:01:20	08:00:34	151m	8'50"/km
44.	114	00:00:52	08:01:26	91m	9'31"/km
45.	122	00:01:31	08:02:57	142m	10'41"/km
46.	255	00:01:21	08:04:18	194m	6'58"/km
47.	999	00:00:37	08:04:55	344m	1'48"/km

HELGA



Orienteering Software