



Régionale 5 couleurs Vitrival

Vitrival 4.3.2023

Pégase CO

Françoise PONCELET

CO Liège

Circuit : D:Rouge court

Distance : 4100m (Dénivelé 55m)

Temps : 1:56:45 (28'29"/km)

10/14

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------|---------|
| 1. Cécile ALBERT | 0:54:06 |
| 2. Monique DEFFENSE | 1:06:10 |
| 3. Hélène GODENNE | 1:10:28 |

1.	184	00:09:47		350m	27'57"/km
2.	166	00:09:54	00:19:41	379m	26'07"/km
3.	194	00:10:43	00:30:24	349m	30'42"/km
4.	167	00:05:07	00:35:31	105m	48'44"/km
5.	185	00:06:53	00:42:24	232m	29'40"/km
6.	197	00:04:26	00:46:50	160m	27'43"/km
7.	181	00:21:42	01:08:32	812m	26'43"/km
8.	175	00:08:41	01:17:13	337m	25'46"/km
9.	204	00:15:17	01:32:30	493m	31'00"/km
10.	179	00:06:36	01:39:06	154m	42'51"/km
11.	203	00:10:51	01:49:57	456m	23'48"/km
12.	198	00:03:09	01:53:06	140m	22'30"/km
13.	200	00:02:37	01:55:43	90m	29'04"/km
14.	999	00:01:02	01:56:45	87m	11'53"/km

HELGA

Orienteering Software