Régionale 5 couleurs Vitrival
Vitrival 4.3.2023
Pégase CO

Florence HECQ
Hainaut O.C.
Circuit : D:Rouge court
Distance : 4100m (Dénivelé 55m)
Temps : 1:18:32 (19'09"/km)

5/14 O.K.

Résultats complets sur Webres

1. Cécile ALBERT 0:54:06
2. Monique DEFFENSE 1:06:10
3. Hélène GODENNE 1:10:28

1.	184	00:04:34		350m	13'03"/km
2.	166	00:08:39	*00:13:13*	379m	22'49"/km
3.	194	00:05:17	*00:18:30*	349m	15'08"/km
4.	167	00:02:44	*00:21:14*	105m	26'02"/km
5.	185	00:03:53	*00:25:07*	232m	16'44"/km
6.	197	00:02:51	*00:27:58*	160m	17'49"/km
7.	181	00:17:27	*00:45:25*	812m	21'29"/km
8.	175	00:05:24	*00:50:49*	337m	16'01"/km
9.	204	00:15:01	*01:05:50*	493m	30'28"/km
10.	179	00:03:14	*01:09:04*	154m	21'00"/km
11.	203	00:04:55	*01:13:59*	456m	10'47"/km
12.	198	00:02:47	*01:16:46*	140m	19'53"/km
13.	200	00:01:13	*01:17:59*	90m	13'31"/km
14.	999	00:00:33	*01:18:32*	87m	6'19"/km

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