



Oostappense heide

Ommel 26.2.2023

KOVZ

Frank VAN ROOST

Omega

Omloop : H:IOF 2

Afstand : 4860m

Tijd : 1:23:13 (17'07"/km)

16/18

O.K.

[Volledige uitslagen op Webres](#)

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|------------------|---------|
| 1. Rudy ROOMAN | 0:41:07 |
| 2. Guido TIMMERS | 0:42:26 |
| 3. Servais HICK | 0:45:10 |

1.	122	00:10:12		198m	51'31"/km
2.	123	00:02:25	00:12:37	96m	25'10"/km
3.	119	00:13:13	00:25:50	367m	36'01"/km
4.	103	00:03:57	00:29:47	268m	14'44"/km
5.	113	00:08:19	00:38:06	584m	14'14"/km
6.	109	00:05:35	00:43:41	405m	13'47"/km
7.	111	00:03:00	00:46:41	214m	14'01"/km
8.	115	00:07:00	00:53:41	570m	12'17"/km
9.	116	00:03:26	00:57:07	190m	18'04"/km
10.	117	00:07:50	01:04:57	492m	15'55"/km
11.	107	00:05:23	01:10:20	447m	12'03"/km
12.	104	00:02:15	01:12:35	171m	13'09"/km
13.	105	00:02:14	01:14:49	202m	11'03"/km
14.	102	00:02:04	01:16:53	180m	11'29"/km
15.	101	00:01:21	01:18:14	145m	9'19"/km
16.	120	00:02:18	01:20:32	178m	12'55"/km
17.	100	00:01:31	01:22:03	65m	23'20"/km
18.	999	00:01:10	01:23:13	85m	13'44"/km

Orienteering Software