



# Oostappense heide

Ommel 26.2.2023

KOVZ

**Herman PRUMMEL**

KOVZ

Omloop : H:IOF 2

Afstand : 4860m

Tijd : 1:02:18 (12'49"/km)

**8/18**

O.K.

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- |                  |         |
|------------------|---------|
| 1. Rudy ROOMAN   | 0:41:07 |
| 2. Guido TIMMERS | 0:42:26 |
| 3. Servais HICK  | 0:45:10 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 122 | 00:02:17 |          | 198m | 11'32"/km |
| 2.  | 123 | 00:01:07 | 00:03:24 | 96m  | 11'38"/km |
| 3.  | 119 | 00:04:08 | 00:07:32 | 367m | 11'16"/km |
| 4.  | 103 | 00:02:41 | 00:10:13 | 268m | 10'01"/km |
| 5.  | 113 | 00:11:39 | 00:21:52 | 584m | 19'57"/km |
| 6.  | 109 | 00:04:33 | 00:26:25 | 405m | 11'14"/km |
| 7.  | 111 | 00:02:41 | 00:29:06 | 214m | 12'32"/km |
| 8.  | 115 | 00:05:10 | 00:34:16 | 570m | 9'04"/km  |
| 9.  | 116 | 00:02:28 | 00:36:44 | 190m | 12'59"/km |
| 10. | 117 | 00:08:56 | 00:45:40 | 492m | 18'09"/km |
| 11. | 107 | 00:05:23 | 00:51:03 | 447m | 12'03"/km |
| 12. | 104 | 00:01:53 | 00:52:56 | 171m | 11'01"/km |
| 13. | 105 | 00:02:20 | 00:55:16 | 202m | 11'33"/km |
| 14. | 102 | 00:01:53 | 00:57:09 | 180m | 10'28"/km |
| 15. | 101 | 00:01:26 | 00:58:35 | 145m | 9'53"/km  |
| 16. | 120 | 00:01:56 | 01:00:31 | 178m | 10'52"/km |
| 17. | 100 | 00:00:47 | 01:01:18 | 65m  | 12'03"/km |
| 18. | 999 | 00:01:00 | 01:02:18 | 85m  | 11'46"/km |

Orienteering Software