



## Oostappense heide

Ommel 26.2.2023

KOVZ

**Jan BOECKX**

Omega

Omloop : H:IOF 1

Afstand : 5920m

Tijd : 1:03:18 (10'42"/km)

**11/20**

O.K.

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- |                    |         |
|--------------------|---------|
| 1. Liam THIELS     | 0:37:58 |
| 2. Roland VAN LOON | 0:47:11 |
| 3. Tomas HENDRICKX | 0:50:19 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 126 | 00:01:33 |          | 189m | 8'12"/km  |
| 2.  | 124 | 00:02:18 | 00:03:51 | 152m | 15'08"/km |
| 3.  | 121 | 00:02:06 | 00:05:57 | 202m | 10'24"/km |
| 4.  | 119 | 00:04:22 | 00:10:19 | 476m | 9'10"/km  |
| 5.  | 116 | 00:08:02 | 00:18:21 | 774m | 10'23"/km |
| 6.  | 115 | 00:02:45 | 00:21:06 | 190m | 14'28"/km |
| 7.  | 108 | 00:06:13 | 00:27:19 | 769m | 8'05"/km  |
| 8.  | 110 | 00:07:38 | 00:34:57 | 252m | 30'17"/km |
| 9.  | 111 | 00:02:21 | 00:37:18 | 169m | 13'54"/km |
| 10. | 113 | 00:03:19 | 00:40:37 | 333m | 9'58"/km  |
| 11. | 114 | 00:02:46 | 00:43:23 | 241m | 11'29"/km |
| 12. | 106 | 00:05:01 | 00:48:24 | 612m | 8'12"/km  |
| 13. | 102 | 00:02:06 | 00:50:30 | 281m | 7'28"/km  |
| 14. | 103 | 00:02:16 | 00:52:46 | 219m | 10'21"/km |
| 15. | 118 | 00:03:43 | 00:56:29 | 338m | 11'00"/km |
| 16. | 123 | 00:04:29 | 01:00:58 | 495m | 9'03"/km  |
| 17. | 100 | 00:01:35 | 01:02:33 | 140m | 11'19"/km |
| 18. | 999 | 00:00:45 | 01:03:18 | 85m  | 8'49"/km  |

Orienteering Software