



Valentijn - Forest Cup - BUSF
Lommel Sahara 12.2.2023
K.O.L.

Peter GEBOERS

K.O.L.

Omloop : H:08

Afstand : 2180m

Tijd : 0:24:33 (11'16"/km)

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O.K.

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|-----------------|---------|
| 1. Jens DEFERM | 0:15:41 |
| 2. Rune SELS | 0:15:43 |
| 3. Witse BOECKX | 0:30:19 |

1.	108	00:02:31		188m	13'23"/km
2.	107	00:00:56	00:03:27	132m	7'04"/km
3.	101	00:00:59	00:04:26	113m	8'42"/km
4.	102	00:02:02	00:06:28	235m	8'39"/km
5.	103	00:01:43	00:08:11	157m	10'56"/km
6.	104	00:02:26	00:10:37	228m	10'40"/km
7.	105	00:01:47	00:12:24	89m	20'02"/km
8.	106	00:02:06	00:14:30	239m	8'47"/km
9.	154	00:01:15	00:15:45	105m	11'54"/km
10.	153	00:01:06	00:16:51	101m	10'53"/km
11.	156	00:01:01	00:17:52	82m	12'24"/km
12.	147	00:02:17	00:20:09	169m	13'31"/km
13.	144	00:02:52	00:23:01	168m	17'04"/km
14.	220	00:01:02	00:24:03	87m	11'53"/km
15.	999	00:00:30	00:24:33	87m	5'45"/km

HELGA
Orienteering Software