



Valentijn - Forest Cup - BUSF
Lommel Sahara 12.2.2023
K.O.L.

Jens DEFERM

hamok

Omloop : H:08

Afstand : 2180m

Tijd : 0:15:41 (7'12"/km)

1/5

O.K.

[Volledige uitslagen op Webres](#)

2. Rune SELS 0:15:43
3. Witse BOECKX 0:30:19

1.	108	00:01:53		188m	10'01"/km
2.	107	00:00:43	00:02:36	132m	5'26"/km
3.	101	00:00:51	00:03:27	113m	7'31"/km
4.	102	00:01:34	00:05:01	235m	6'40"/km
5.	103	00:01:15	00:06:16	157m	7'58"/km
6.	104	00:01:33	00:07:49	228m	6'48"/km
7.	105	00:00:42	00:08:31	89m	7'52"/km
8.	106	00:01:26	00:09:57	239m	6'00"/km
9.	154	00:00:50	00:10:47	105m	7'56"/km
10.	153	00:00:38	00:11:25	101m	6'16"/km
11.	156	00:00:42	00:12:07	82m	8'32"/km
12.	147	00:01:06	00:13:13	169m	6'31"/km
13.	144	00:01:34	00:14:47	168m	9'20"/km
14.	220	00:00:31	00:15:18	87m	5'56"/km
15.	999	00:00:23	00:15:41	87m	4'24"/km

HELGA
Orienteering Software