



Valentijn - Forest Cup - BUSF
Lommel Sahara 12.2.2023
K.O.L.

Jean-Pierre VAN DER CRUYS

ASUB

Omloop : H:05

Afstand : 3250m

Tijd : 1:28:44 (27'18"/km)

26/32

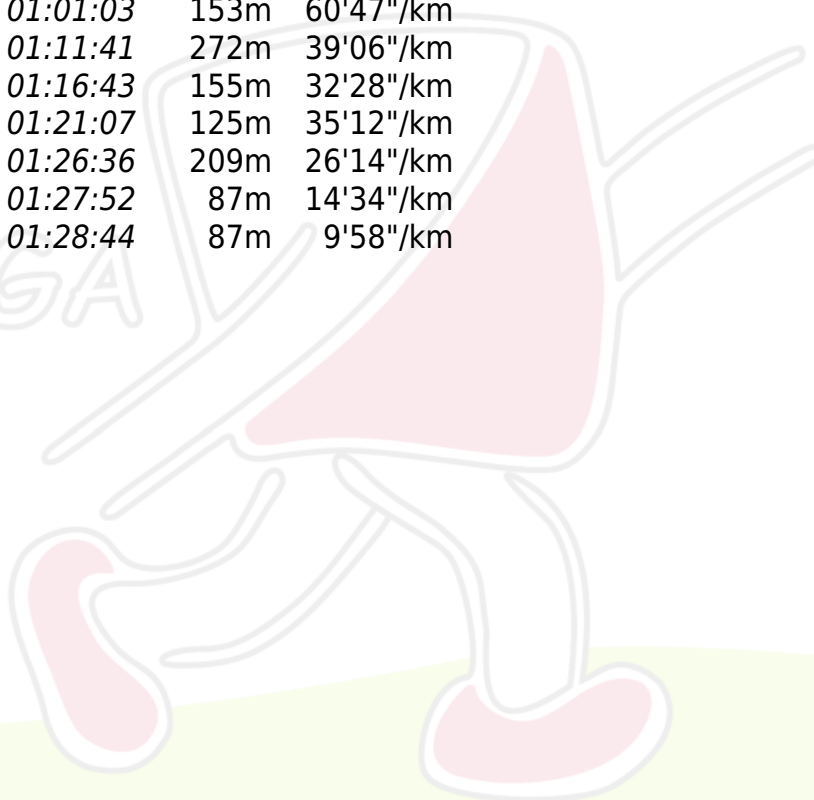
O.K.

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|-----------------------|---------|
| 1. Kobe DEFERM | 0:26:34 |
| 2. Alfred SIMKENS | 0:29:20 |
| 3. Vic VANDERSTRAETEN | 0:32:58 |

1.	101	00:06:20		192m	32'59"/km
2.	105	00:05:01	00:11:21	217m	23'07"/km
3.	123	00:10:38	00:21:59	432m	24'37"/km
4.	110	00:09:25	00:31:24	375m	25'07"/km
5.	124	00:05:26	00:36:50	233m	23'19"/km
6.	155	00:10:29	00:47:19	502m	20'53"/km
7.	156	00:04:26	00:51:45	214m	20'43"/km
8.	149	00:09:18	01:01:03	153m	60'47"/km
9.	139	00:10:38	01:11:41	272m	39'06"/km
10.	140	00:05:02	01:16:43	155m	32'28"/km
11.	141	00:04:24	01:21:07	125m	35'12"/km
12.	144	00:05:29	01:26:36	209m	26'14"/km
13.	220	00:01:16	01:27:52	87m	14'34"/km
14.	999	00:00:52	01:28:44	87m	9'58"/km

HELGA



Orienteering Software