



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Jan VAN HEES

K.O.L.

Omloop : H:05

Afstand : 3250m

Tijd : 1:20:04 (24'38"/km)

25/32

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-----------------------|---------|
| 1. Kobe DEFERM | 0:26:34 |
| 2. Alfred SIMKENS | 0:29:20 |
| 3. Vic VANDERSTRAETEN | 0:32:58 |

1.	101	00:04:27		192m	23'11"/km
2.	105	00:05:55	00:10:22	217m	27'16"/km
3.	123	00:07:30	00:17:52	432m	17'22"/km
4.	110	00:10:27	00:28:19	375m	27'52"/km
5.	124	00:06:33	00:34:52	233m	28'07"/km
6.	155	00:08:30	00:43:22	502m	16'56"/km
7.	156	00:08:04	00:51:26	214m	37'42"/km
8.	149	00:06:15	00:57:41	153m	40'51"/km
9.	139	00:04:50	01:02:31	272m	17'46"/km
10.	140	00:03:22	01:05:53	155m	21'43"/km
11.	141	00:04:20	01:10:13	125m	34'40"/km
12.	148	00:05:08	01:15:21		
13.	144	00:01:06	01:16:27		
14.	220	00:01:05	01:17:32	87m	12'27"/km
15.	999	00:02:32	01:20:04	87m	29'07"/km

Orienteering Software