



Valentijn - Forest Cup - BUSF
Lommel Sahara 12.2.2023
K.O.L.

Jozef BELMANS

K.O.L.

Omloop : H:05

Afstand : 3250m

Tijd : 0:57:16 (17'37"/km)

22/32

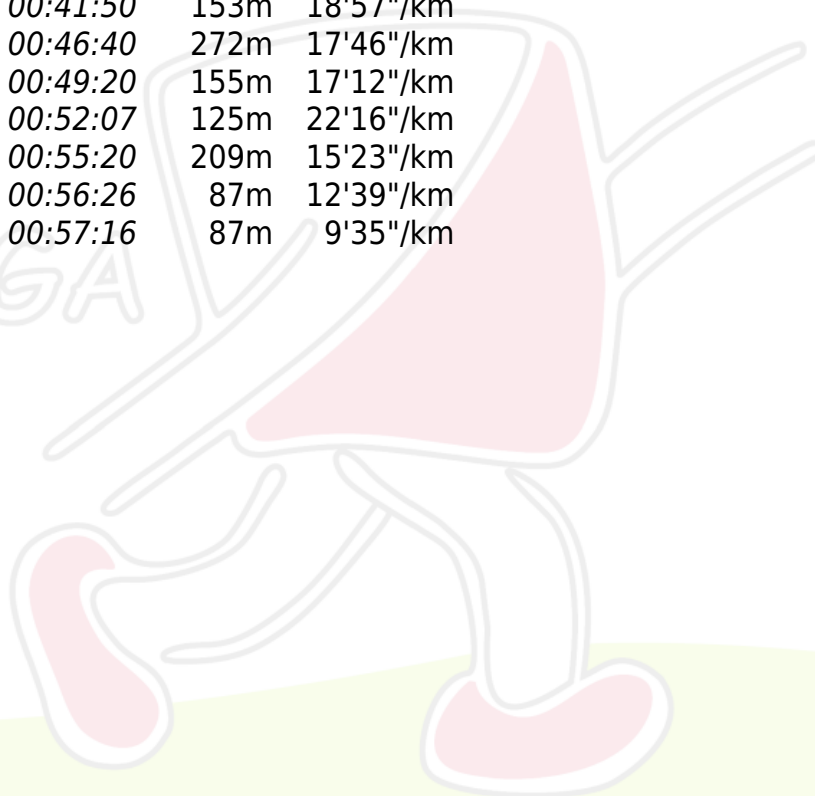
O.K.

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|-----------------------|---------|
| 1. Kobe DEFERM | 0:26:34 |
| 2. Alfred SIMKENS | 0:29:20 |
| 3. Vic VANDERSTRAETEN | 0:32:58 |

1.	101	00:05:12		192m	27'05"/km
2.	105	00:03:11	00:08:23	217m	14'40"/km
3.	123	00:07:07	00:15:30	432m	16'28"/km
4.	110	00:06:01	00:21:31	375m	16'03"/km
5.	124	00:03:01	00:24:32	233m	12'57"/km
6.	155	00:09:12	00:33:44	502m	18'20"/km
7.	156	00:05:12	00:38:56	214m	24'18"/km
8.	149	00:02:54	00:41:50	153m	18'57"/km
9.	139	00:04:50	00:46:40	272m	17'46"/km
10.	140	00:02:40	00:49:20	155m	17'12"/km
11.	141	00:02:47	00:52:07	125m	22'16"/km
12.	144	00:03:13	00:55:20	209m	15'23"/km
13.	220	00:01:06	00:56:26	87m	12'39"/km
14.	999	00:00:50	00:57:16	87m	9'35"/km

HELGA



Orienteering Software