# Valentijn - Forest Cup - BUSF
# Lommel Sahara 12.2.2023
# K.O.L.

**Frans VAN DE MOORTEL**
Omega
Omloop : H:05
Afstand : 3250m
Tijd : 0:51:00 (15'42"/km)

**17/32** O.K.

Volledige uitslagen op Webres

1. Kobe DEFERM 0:26:34
2. Alfred SIMKENS 0:29:20
3. Vic VANDERSTRAETEN 0:32:58

| | | | | | |
|---|---|---|---|---|---|
| 1. | 101 | 00:03:51 | | 192m | 20'03"/km |
| 2. | 105 | 00:03:36 | *00:07:27* | 217m | 16'35"/km |
| 3. | 123 | 00:06:25 | *00:13:52* | 432m | 14'51"/km |
| 4. | 110 | 00:05:54 | *00:19:46* | 375m | 15'44"/km |
| 5. | 124 | 00:03:07 | *00:22:53* | 233m | 13'23"/km |
| 6. | 155 | 00:06:51 | *00:29:44* | 502m | 13'39"/km |
| 7. | 156 | 00:02:57 | *00:32:41* | 214m | 13'47"/km |
| 8. | 149 | 00:02:20 | *00:35:01* | 153m | 15'15"/km |
| 9. | 139 | 00:03:41 | *00:38:42* | 272m | 13'32"/km |
| 10. | 140 | 00:05:19 | *00:44:01* | 155m | 34'18"/km |
| 11. | 141 | 00:02:00 | *00:46:01* | 125m | 16'00"/km |
| 12. | 144 | 00:03:12 | *00:49:13* | 209m | 15'19"/km |
| 13. | 220 | 00:00:57 | *00:50:10* | 87m | 10'55"/km |
| 14. | 999 | 00:00:50 | *00:51:00* | 87m | 9'35"/km |

HELGA Orienteering Software

© HELGA Orienteering Software - www.HELGA-O.com