



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Frans VAN DE MOORTELE

Omega

Omloop : H:05

Afstand : 3250m

Tijd : 0:51:00 (15'42"/km)

17/32

O.K.

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|-----------------------|---------|
| 1. Kobe DEFERM | 0:26:34 |
| 2. Alfred SIMKENS | 0:29:20 |
| 3. Vic VANDERSTRAETEN | 0:32:58 |

1.	101	00:03:51		192m	20'03"/km
2.	105	00:03:36	00:07:27	217m	16'35"/km
3.	123	00:06:25	00:13:52	432m	14'51"/km
4.	110	00:05:54	00:19:46	375m	15'44"/km
5.	124	00:03:07	00:22:53	233m	13'23"/km
6.	155	00:06:51	00:29:44	502m	13'39"/km
7.	156	00:02:57	00:32:41	214m	13'47"/km
8.	149	00:02:20	00:35:01	153m	15'15"/km
9.	139	00:03:41	00:38:42	272m	13'32"/km
10.	140	00:05:19	00:44:01	155m	34'18"/km
11.	141	00:02:00	00:46:01	125m	16'00"/km
12.	144	00:03:12	00:49:13	209m	15'19"/km
13.	220	00:00:57	00:50:10	87m	10'55"/km
14.	999	00:00:50	00:51:00	87m	9'35"/km

HELGA

Orienteering Software