Valentijn - Forest Cup - BUSF
Lommel Sahara 12.2.2023
K.O.L.

Jean OOMS
hamok
Omloop : H:05
Afstand : 3250m
Tijd : 0:48:56 (15'03"/km)

16/32 O.K.

Volledige uitslagen op Webres

1. Kobe DEFERM 0:26:34
2. Alfred SIMKENS 0:29:20
3. Vic VANDERSTRAETEN 0:32:58

1.	101	00:03:11		192m	16'35"/km
2.	105	00:07:45	*00:10:56*	217m	35'43"/km
3.	123	00:05:58	*00:16:54*	432m	13'49"/km
4.	110	00:04:48	*00:21:42*	375m	12'48"/km
5.	124	00:02:54	*00:24:36*	233m	12'27"/km
6.	155	00:05:51	*00:30:27*	502m	11'39"/km
7.	156	00:02:21	*00:32:48*	214m	10'59"/km
8.	149	00:03:47	*00:36:35*	153m	24'44"/km
9.	139	00:03:11	*00:39:46*	272m	11'42"/km
10.	140	00:02:14	*00:42:00*	155m	14'25"/km
11.	141	00:01:32	*00:43:32*	125m	12'16"/km
12.	144	00:04:08	*00:47:40*	209m	19'47"/km
13.	220	00:00:48	*00:48:28*	87m	9'12"/km
14.	999	00:00:28	*00:48:56*	87m	5'22"/km

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