



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Mark VAN BRUGGEN

TROL

Omloop : H:05

Afstand : 3250m

Tijd : 0:46:31 (14'19"/km)

12/32

O.K.

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- | | |
|-----------------------|---------|
| 1. Kobe DEFERM | 0:26:34 |
| 2. Alfred SIMKENS | 0:29:20 |
| 3. Vic VANDERSTRAETEN | 0:32:58 |

1.	101	00:03:25		192m	17'48"/km
2.	105	00:02:41	00:06:06	217m	12'22"/km
3.	123	00:05:47	00:11:53	432m	13'23"/km
4.	110	00:05:24	00:17:17	375m	14'24"/km
5.	124	00:02:47	00:20:04	233m	11'57"/km
6.	155	00:05:52	00:25:56	502m	11'41"/km
7.	156	00:03:47	00:29:43	214m	17'41"/km
8.	149	00:04:25	00:34:08	153m	28'52"/km
9.	139	00:03:18	00:37:26	272m	12'08"/km
10.	140	00:02:53	00:40:19	155m	18'36"/km
11.	141	00:01:48	00:42:07	125m	14'24"/km
12.	144	00:02:58	00:45:05	209m	14'12"/km
13.	220	00:00:51	00:45:56	87m	9'46"/km
14.	999	00:00:35	00:46:31	87m	6'42"/km

HELGA

Orienteering Software