



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Frans WENS

TROL

Omloop : H:05

Afstand : 3250m

Tijd : 0:33:17 (10'14"/km)

4/32

O.K.

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- | | |
|-----------------------|---------|
| 1. Kobe DEFERM | 0:26:34 |
| 2. Alfred SIMKENS | 0:29:20 |
| 3. Vic VANDERSTRAETEN | 0:32:58 |

1.	101	00:02:27		192m	12'46"/km
2.	105	00:02:44	00:05:11	217m	12'36"/km
3.	123	00:06:06	00:11:17	432m	14'07"/km
4.	110	00:03:32	00:14:49	375m	9'25"/km
5.	124	00:02:16	00:17:05	233m	9'44"/km
6.	155	00:04:17	00:21:22	502m	8'32"/km
7.	156	00:01:53	00:23:15	214m	8'48"/km
8.	149	00:01:45	00:25:00	153m	11'26"/km
9.	139	00:02:23	00:27:23	272m	8'46"/km
10.	140	00:01:45	00:29:08	155m	11'17"/km
11.	141	00:01:15	00:30:23	125m	10'00"/km
12.	144	00:02:01	00:32:24	209m	9'39"/km
13.	220	00:00:30	00:32:54	87m	5'45"/km
14.	999	00:00:23	00:33:17	87m	4'24"/km

HELGA

Orienteering Software