



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Alexander MAES

hamok

Omloop : H:04

Afstand : 4190m

Tijd : 1:44:59 (25'03"/km)

28/32

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Nathan JANSEN | 0:30:21 |
| 2. Thor WOLLES | 0:31:27 |
| 3. Adrie VAN OPSTAL | 0:35:49 |

1.	105	00:05:20		320m	16'40"/km
2.	122	00:10:16	00:15:36	503m	20'25"/km
3.	118	00:02:13	00:17:49	143m	15'30"/km
4.	117	00:01:15	00:19:04	111m	11'16"/km
5.	116	00:03:54	00:22:58	177m	22'02"/km
6.	115	00:01:14	00:24:12	96m	12'51"/km
7.	111	00:06:15	00:30:27	259m	24'08"/km
8.	125	00:09:13	00:39:40	519m	17'46"/km
9.	152	00:11:02	00:50:42	557m	19'49"/km
10.	151	00:09:20	01:00:02	110m	84'51"/km
11.	146	00:04:29	01:04:31	179m	25'03"/km
12.	141	00:05:03	01:09:34	201m	25'07"/km
13.	140	00:17:29	01:27:03	125m	139'52"/km
14.	138	00:05:21	01:32:24	183m	29'14"/km
15.	149	00:08:14	01:40:38	316m	26'03"/km
16.	148	00:02:18	01:42:56	225m	10'13"/km
17.	220	00:01:39	01:44:35	84m	19'39"/km
18.	999	00:00:24	01:44:59	87m	4'36"/km

Orienteering Software