



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Fernand PAUWELS

K.O.L.

Omloop : H:04

Afstand : 4190m

Tijd : 0:47:29 (11'20"/km)

13/32

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Nathan JANSEN | 0:30:21 |
| 2. Thor WOLLES | 0:31:27 |
| 3. Adrie VAN OPSTAL | 0:35:49 |

1.	105	00:04:46		320m	14'54"/km
2.	122	00:04:39	00:09:25	503m	9'15"/km
3.	118	00:01:12	00:10:37	143m	8'23"/km
4.	117	00:01:19	00:11:56	111m	11'52"/km
5.	116	00:03:14	00:15:10	177m	18'16"/km
6.	115	00:00:57	00:16:07	96m	9'54"/km
7.	111	00:02:28	00:18:35	259m	9'31"/km
8.	125	00:04:22	00:22:57	519m	8'25"/km
9.	152	00:04:11	00:27:08	557m	7'31"/km
10.	151	00:01:24	00:28:32	110m	12'44"/km
11.	146	00:01:36	00:30:08	179m	8'56"/km
12.	141	00:01:39	00:31:47	201m	8'13"/km
13.	140	00:01:13	00:33:00	125m	9'44"/km
14.	138	00:01:54	00:34:54	183m	10'23"/km
15.	149	00:06:08	00:41:02	316m	19'25"/km
16.	148	00:02:09	00:43:11	225m	9'33"/km
17.	220	00:03:54	00:47:05	84m	46'26"/km
18.	999	00:00:24	00:47:29	87m	4'36"/km

Orienteering Software