



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Etienne DE WIT

K.O.L.

Omloop : H:04

Afstand : 4190m

Tijd : 0:41:23 (9'53"/km)

6/32

O.K.

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- | | |
|---------------------|---------|
| 1. Nathan JANSEN | 0:30:21 |
| 2. Thor WOLLES | 0:31:27 |
| 3. Adrie VAN OPSTAL | 0:35:49 |

1.	105	00:03:01		320m	9'26"/km
2.	122	00:04:16	00:07:17	503m	8'29"/km
3.	118	00:01:19	00:08:36	143m	9'12"/km
4.	117	00:01:03	00:09:39	111m	9'28"/km
5.	116	00:01:38	00:11:17	177m	9'14"/km
6.	115	00:00:56	00:12:13	96m	9'43"/km
7.	111	00:02:40	00:14:53	259m	10'18"/km
8.	125	00:04:08	00:19:01	519m	7'58"/km
9.	152	00:04:36	00:23:37	557m	8'16"/km
10.	151	00:01:05	00:24:42	110m	9'51"/km
11.	146	00:01:25	00:26:07	179m	7'55"/km
12.	141	00:06:43	00:32:50	201m	33'25"/km
13.	140	00:01:07	00:33:57	125m	8'56"/km
14.	138	00:01:42	00:35:39	183m	9'17"/km
15.	149	00:03:21	00:39:00	316m	10'36"/km
16.	148	00:01:32	00:40:32	225m	6'49"/km
17.	220	00:00:34	00:41:06	84m	6'45"/km
18.	999	00:00:17	00:41:23	87m	3'15"/km

Orienteering Software