



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Servais HICK

CO Liège

Omloop : H:04

Afstand : 4190m

Tijd : 0:40:01 (9'33"/km)

5/32

O.K.

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- | | |
|---------------------|---------|
| 1. Nathan JANSEN | 0:30:21 |
| 2. Thor WOLLES | 0:31:27 |
| 3. Adrie VAN OPSTAL | 0:35:49 |

1.	105	00:02:55		320m	9'07"/km
2.	122	00:03:56	00:06:51	503m	7'49"/km
3.	118	00:01:10	00:08:01	143m	8'10"/km
4.	117	00:00:55	00:08:56	111m	8'15"/km
5.	116	00:01:28	00:10:24	177m	8'17"/km
6.	115	00:00:56	00:11:20	96m	9'43"/km
7.	111	00:06:05	00:17:25	259m	23'29"/km
8.	125	00:03:56	00:21:21	519m	7'35"/km
9.	152	00:03:52	00:25:13	557m	6'57"/km
10.	151	00:02:08	00:27:21	110m	19'24"/km
11.	146	00:01:21	00:28:42	179m	7'33"/km
12.	141	00:01:51	00:30:33	201m	9'12"/km
13.	140	00:03:33	00:34:06	125m	28'24"/km
14.	138	00:01:12	00:35:18	183m	6'33"/km
15.	149	00:02:18	00:37:36	316m	7'17"/km
16.	148	00:01:32	00:39:08	225m	6'49"/km
17.	220	00:00:32	00:39:40	84m	6'21"/km
18.	999	00:00:21	00:40:01	87m	4'01"/km

Orienteering Software