



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Thor WOLLES

hamok

Omloop : H:04

Afstand : 4190m

Tijd : 0:31:27 (7'30"/km)

2/32

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Nathan JANSEN | 0:30:21 |
| 3. Adrie VAN OPSTAL | 0:35:49 |

1.	105	00:02:49		320m	8'48"/km
2.	122	00:03:10	00:05:59	503m	6'18"/km
3.	118	00:00:53	00:06:52	143m	6'11"/km
4.	117	00:00:46	00:07:38	111m	6'54"/km
5.	116	00:01:20	00:08:58	177m	7'32"/km
6.	115	00:00:38	00:09:36	96m	6'36"/km
7.	111	00:03:44	00:13:20	259m	14'25"/km
8.	125	00:03:43	00:17:03	519m	7'10"/km
9.	152	00:03:30	00:20:33	557m	6'17"/km
10.	151	00:00:48	00:21:21	110m	7'16"/km
11.	146	00:01:15	00:22:36	179m	6'59"/km
12.	161	00:01:12	00:23:48		
13.	141	00:01:37	00:25:25		
14.	140	00:00:55	00:26:20	125m	7'20"/km
15.	138	00:01:08	00:27:28	183m	6'12"/km
16.	149	00:02:05	00:29:33	316m	6'36"/km
17.	148	00:01:08	00:30:41	225m	5'02"/km
18.	220	00:00:32	00:31:13	84m	6'21"/km
19.	999	00:00:14	00:31:27	87m	2'41"/km

Orienteering Software