



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Danny SWERTS

hamok

Omloop : H:03

Afstand : 5500m

Tijd : 1:33:38 (17'01"/km)

34/41

O.K.

[Volledige uitslagen op Webres](#)

1. Bob DE CLEENE	0:36:12
2. Thomas JANSEN	0:36:17
3. Rudy ROOMAN	0:39:07

1.	106	00:06:06		400m	15'15"/km
2.	134	00:12:34	00:18:40	897m	14'01"/km
3.	112	00:06:35	00:25:15	324m	20'19"/km
4.	114	00:04:43	00:29:58	331m	14'15"/km
5.	115	00:01:36	00:31:34	90m	17'47"/km
6.	113	00:04:52	00:36:26	216m	22'32"/km
7.	119	00:03:21	00:39:47	262m	12'47"/km
8.	118	00:02:43	00:42:30	207m	13'07"/km
9.	122	00:01:54	00:44:24	143m	13'17"/km
10.	116	00:04:31	00:48:55	190m	23'46"/km
11.	162	00:03:30	00:52:25	156m	22'26"/km
12.	155	00:07:45	01:00:10	615m	12'36"/km
13.	152	00:03:52	01:04:02	282m	13'43"/km
14.	150	00:02:22	01:06:24	93m	25'27"/km
15.	146	00:02:48	01:09:12	189m	14'49"/km
16.	158	00:11:10	01:20:22	281m	39'44"/km
17.	137	00:02:39	01:23:01	170m	15'35"/km
18.	140	00:01:24	01:24:25	80m	17'30"/km
19.	157	00:03:45	01:28:10	217m	17'17"/km
20.	148	00:03:36	01:31:46	185m	19'28"/km
21.	220	00:01:04	01:32:50	84m	12'42"/km
22.	999	00:00:48	01:33:38	87m	9'12"/km

Orienteering Software